

Restaurant Review by Peter Wells

Bar Mediterranea - Teulada

Situated 200m from the roundabout at the bottom of the dual carriageway in Teulada and almost underneath the “Salon de Banquettes” where the monthly U3A meetings are held, the “Bar Med” offers a friendly, “no frills” dining experience.

In a very Spanish setting the owner announces the menu of the day to include half a bottle of house wine, bread & alioli, salad, choice of soups (meat, fish or tomato), paella or spaghetti. Main courses include pork, lamb, chicken, or hake all served with vegetables and fries. The sweet on our visit was a slice of whisky cake with a generous “dribble” of (rather anaemic looking) whisky. As a finale, coffee is provided.

All our group enjoyed their choices and all said what good value it was, especially in these difficult times.

Would you take someone there to impress – no.

Would a group of friends go for some good basic food and typical simple Spanish ambience, without breaking the bank – absolutely!

Smoking is allowed and there was no vegetarian option on offer.

Cost per person 10€

Conclusion – “no frills” home cooking with excellent service.

Food quality	7/10
Ambiance	6/10
Value for money	9/10
Service	9/10
Location	8/10