

***NEWSLETTER no. 15,
September 2009***

Message from the President

Dear Members,

Well it seems that the summer is well and truly over, it's a lovely day today (24 September) but there can be few of us who escaped the horrendous thunder storms and subsequent floods. I hope that any damage caused to your property was easily repaired.

The last General Meeting was certainly a busy one, and I am delighted to tell you that we now have 50 Groups for you to choose from, they are very diverse, but I'm sure there's something for everyone!

I was surprised and disappointed to hear that there are about 300 people who have not renewed their membership, although I was very encouraged to hear that we have a considerable number of new Members joining. Those Members who have not renewed their membership will not be shown on the Membership List, or be able to attend any of the Groups arranged by Moraira-Teulada U3A. It will however still be possible for Membership details to be reactivated should the ex Member pay the appropriate membership fees.

You will by now I'm sure have heard the wonderful news about Jerry Lane producing "The Wireless Years" just for U3A Members at Espai La Senieta on 31 October. Those of you who have been to either (or both!) of the previous productions will know what a wonderful evening's entertainment it is. There are just a few tickets left, please email me (colclough@telefonica.net) or call me on 965747343, with your Membership Number, or see me at the next General Meeting if you would like to attend the show.

I am delighted to tell you that the arrangements are now finalised for the Montgo Chorale to sing to us on the 5 October, please come along and enjoy the music this very well known choir will be making for us.

As I mentioned last month, November will be our AGM and we will also be having Guest Speakers from the Consulate in Alicante. They will include Martyn Standing from the Department of Work and Pensions. Some of you may remember Martyn from the presentation that was held in Espai la Senieta in April. Martyn has kindly agreed to come along with Consulate colleagues and answer any questions which Members may have. It would be an enormous help if those of you with questions would let me know what they are (by email through my link on the website or to 965747343) so that I can tell Martyn. If they know in advance what the questions will be, it means they can ensure that they either bring the right people with them, or get the answers to the questions before they come. So far I have only had one question given to me.

The Annual General Meeting and the elections are an important part of our U3A, and this year is especially important as one of our key Committee members will be unable to stand for election again due to other commitments. Graham Simons has been a wonderfully effective and focused Treasurer, but he does not have the time to continue in this post. The

post of Treasurer is without doubt the most important one in the U3A, and it is essential that someone comes forward to volunteer for the job. Graham has said that he will give his replacement a thorough explanation of what he does, and how he does it, so will anyone who feels they may be able to do the job, please contact me and I will put them in touch with Graham.

The current Committee was elected in November 2008 for a year. The elections for the four principal positions of President, Vice President, Treasurer and Secretary, and the rest of the Committee will all take place in November. At that time the main current post holders will stand down, but they may if they wish seek re-election via the nomination procedure. The President and Vice President will seek re-election, the Treasurer will stand down, and the post of Secretary is currently vacant.

Nomination Forms for all of the Committee Posts are available through the website, they are also attached to this Newsletter, and hard copies will be available at the meeting on 5 October.

The other Committee Posts are:

DEPUTY TREASURER

DEPUTY SECRETARY

MEMBERSHIP SECRETARY; DEPUTY MEMBERSHIP SECRETARY

GROUPS CO-ORDINATOR; DEPUTY GROUPS CO-ORDINATOR;

PUBLIC RELATIONS OFFICER.

There are also three posts which do not carry a specific title, but which are important as the post holders give the Committee assistance in every area when necessary. They are titled EX OFFICIO posts.

This is *your* U3A, and a strong Committee is essential to ensure the smooth running of so many groups and activities. Please consider the posts available, and ask me (Ann Colclough 96 574 7343) if you would like more details of any of the posts. Nominations from any Member of the Moraira-Teulada U3A for any of the posts as described above would be most welcome, but especially for the post of Treasurer!

Looking forward to seeing you at the meeting on 5 October,
Regards

Ann Colclough

Next general U3A meeting

This will be on **5 October** 2009, at the Salon de Banquettes, Avda. Mediterraneo, Teulada, at 10.30 am. Doors open 09.45.

TRAVEL/OUTINGS

Granada

This trip is fully subscribed and all set to go on Monday 5 October. There is no waiting list so if you want a chance of a last minute cancellation please contact us.

Villajoyosa

The Villajoyosa and chocolate factory day trip on 15 October is now full. We meet at 8.45am for a prompt 9am start outside the Wok restaurant opposite the Moraira car park.

Denia Walking Treasure Hunt

Date 29 October. Some people put their names down originally but have not paid. The last chance to secure these places is at the start of the 5 October meeting, after that the places will be given to other people.

Madrid

This trip has just a few places left. Contact me via the website or at the next meeting if you would like to join us.

Italy

There has been a lot of interest expressed in the proposed trip to Italy and Norman is still working very hard on sorting out details. Watch the website for updates.

The new *payment system* for trips is working well and feedback is that people like the option of paying direct into the bank. With a couple of tweaks it will be even better.

Jan Adams
Travel group leader

CULTURAL ARTS PROGRAMME

“Tomb with a view”. *Friday 16 October*. You could say the Tomb family are a little odd. Lucien is as pompous as he is irascible. Sister, Dora, poisons people she is not fond of. Marcus, looked after by family nurse, Ann, thinks he is Caesar. Emily thinks she is a bloke. Monica knows she's not and takes every opportunity to prove it. This extremely odd family meet for an important family gathering – the reading of the will of their unlamented father, by the sinister looking solicitor, Mr. Penworthy. You can join the gathering yourself when the Careline Theatre presents Norman Robbins' comedy thriller, *Tomb With A View* at their Alcalali Theatre, on the 15/16/17 October, directed by Dennis Arthurs. Expect the odd corpse or two, twists and turns, a chuckle-filled evening and a few belly laughs. Curtain-up is at 20.00 hrs. The U3A group will attend on Friday, 16 October, and the discounted ticket price will be 11€. Collect your tickets from Angela in the foyer at the theatre at 7.30 p.m.

“Wait until dark”

Tuesday 1 December. An entertaining and suspenseful thriller, to be performed by the Javea Players at the Union Musical Theatre, Gata, from 30 Nov. to 5 Dec., at 20.00 hrs. There will be free parking available at the end of the street. For this production the Javea Players will support a worthy charitable cause and for every ticket sold, 1€ will be donated to charity. The U3A group will attend on Tuesday 1 December, at the discounted price of 8€ (full price 10€). Payment required now, and collect your ticket from Angela in the foyer of the theatre on the night, at 7.30 p.m.

“Oklahoma”

Tuesday 10 November. The musical “Oklahoma” will be performed by the Footlights Theatre Group in the Casa de Cultura, Calpe, commencing at 20.00 hrs. Price: 10€. Payment required now, and collect your tickets from Angela at the November meeting.

“The Wireless Years”

Saturday 31 October: Jerry Lane’s exceptionally popular show is to be performed at the Espai La Senieta in Moraira – exclusively for members of the Moraira-Teulada U3A and Jávea U3A. The tickets have been divided between the two organisations and there are only a limited number available for each. Curtain up is at 20.00 hrs. Tickets are priced at 12€, with a 2€ donation from every ticket in aid of the *Costa Blanca Samaritans*. All members who have reserved places **must** pay for their tickets at the meeting on Monday 5 October. Any tickets which are not paid for will be offered to those on the reserve list. Payment for tickets must be made in cash to Ann Colclough at the October meeting. Please try and have the correct money! Any tickets not paid then for will be offered to names on the Reserve List.

Concert by the Calpe Gilbert & Sullivan Society

Friday 23 October: Following on from their resounding success earlier this year, the Calpe Gilbert & Sullivan Society will perform a selection of songs and choruses from the shows, at the Casa Cultura, Benissa. Commencing at 20.00 hrs. Price: 8€.

“Leigh Orpheus Male Voice Choir”

Thursday 29 October: The choir was founded in 1968, and aims to foster public appreciation of choral music - regular tours are made to prestigious venues in both the U.K. and Europe and these have enabled the choir's reputation to continue to grow. The choir has a wide and varied repertoire ranging from 16th century madrigals to opera and songs from the shows, and modern popular music. The Concert will take place in the Teulada Town Hall, 18.30 hrs - 21.15 hrs. Tickets, priced at 10 euros, will be on sale from Angela at the meeting.

For other local events of interest, please visit the Cultural Arts page on the website www.u3amoraira-teulada.org

ACTIVITY GROUPS

Art Appreciation

This group had a successful first meeting in September. The future programme is:

22 October 'Towards the Moderns' *Brian Nicholls*.

19 November 'A Cornucopia of Colour....Henri Matisse' *Lynn Haigh*.
December – no meeting.

Dates for next year are:

January 21 'Van Gogh...a soul in torment' *Cheda Panajotovic*.

February 18 ' War and Conflict through the eyes of the Artist....from Goya to WW1, *Brian Nicholls*.

March 18. *Lynn Haigh*, Title to be announced.

We do not yet have the titles for the dates 22 April, 20 May and 17 June, BUT PLEASE MAKE NOTE OF THE DATES, THEY ARE ALL THURSDAY'S AT 4pm.

Art appreciation talks are held in the Pensionistas building in Benitachell. There is plenty of space and parking and you are very welcome to come along. The room has a bar and is ideal for our purpose but it does have to be paid for so, depending on the numbers we have to pay approx. 1 euro each per session.

Cribbage

This group will be relocating its base from Sol Park to the Bar Restaurant Mediterraneo, Avenida de Mediterraneo, Teulada, with effect from 30 September 2009. We have a private room at the back of the Bar. Meeting time will not change, ie 7pm for 7.15pm. Look forward to seeing you there!!!

Colin Turner

P.S. Our Christmas dinner will be on Wednesday 16 December at 8pm at Bar Restaurant Gran Ave, Avenida de Madrid, Moraira. Player's spouses are welcome and at this stage I need to have some intent (not commitment) from you over the next week or so. We are aiming to keep the price down and the following is the probable menu which will include wine.

Ensalada, pan y allioli en mesa.
Sopa o Entremeses.

Pechuga de Pollo o Lomo con
Ratatouille o Salsa de Champiñones y
Patatas.

○
Palatilla de Cordero con patatas

○
Emparador con patatas.

Postres, Cafes.

Do we have any vegetarians? Please advise your intention to enable me to give Pepe some idea of numbers.

Spanish Lessons - One Year On – Post Beginners

The course will be run by an experienced language teacher and commence 9 November. If you have done a basic course in Spanish, this will be your next step as a follow-up. The

six months of lessons will cover grammar, vocabulary, role play and practice in speaking. Lessons will be held every Monday morning weekly 9.45-11am at Los Leones, but there will be no lesson on the first Monday of the month so you can attend U3a General meetings.

Group Leader: Meri Snel johnmerisnell@gmail.com

Slimming

Do you want to lose weight? Do you want the support of like-minded people? Does it help you to be weighed-in every week? I will help you to keep focused, give you targets and encouragement. Come and join us! Take the first step now, just click on my photo to send me an e-mail.

Meetings: Every Tuesday afternoon 3:30 to 5:00. Venue: Initially at my home - Cumbre del Sol.

Group Leader: Tanya Keen andytanya@telitec.com

Crafts

On Thursday 17 September 2009, our new U3A Craft Group had its first meeting with eight (8) ladies in attendance. We made earrings and although no one had made jewellery before all were very interested and attentive and, therefore, each lady was able to make two pairs of earrings during the two-hours session.

Afterwards I spoke to a couple of the ladies who attended the meeting and they informed me that they had enjoyed participating in the afternoon's craft activities very much and looked forward to attending and participating in future Craft Group activities.

Elizabeth Wilson

General History

The titles for Cedomir Panajotovic's series of six History talks based on the interaction between England, Spain and the Mediterranean area generally, (beginning in October) are

- (1) From the Beginning to Man's First Settlements
- (2) Greece, Phoenicia, Rome....
- (3) The (not so dark) Ages.
- (4) Medieval Transitions.
- (5) The Renaissance to the Great Fire of London and
- (6) From Fire to Steam.

These will take place on the LAST MONDAY of EACH MONTH in the Lecture Theatre of Espai la Senieta at 10 am. (note: NO LECTURE IN DECEMBER).

Brian Nicholls Group coordinator

Yoga

The weekly yoga group began on Wednesday 23 September. Meetings begin at 10.15am and last until 11.45am.

The new venue is the MAPA room in Benitachell. Directions as follows:

From Moraira drive to the traffic lights in Benitachell. Turn left towards Teulada. At the top of the hill, where the main road veers left, turn sharp right into Benitachell. Take the first left and in about 50 metres you will see the MAPA room ahead on your left. There is plenty of street parking or there is a car park if you take the left turn immediately before the MAPA room.

You will need some kind of exercise mat. I use a thin foam one of the type sold for camping. You should wear non-restrictive clothing. I usually wear a loose T-shirt and leggings. Please confirm that you will be attending

Sue McNae

Painting: Watercolour Techniques

See the Table below for the materials list for those just signed up. Drawing boards will do about size A5 for starters. The ferreteria will cut you a couple very cheaply, but they need to be plywood.

MATERIALS FOR PAINTING WITH WATERCOLOUR

Pencils 2B or 3B

Brushes –Sable or animal hair Nos 6 and 10 Round

Sharpener

Large Flat wash brush

Putty Rubber

Watercolour paper NOT (hot pressed), small pad to begin with 190gsm block is useful

Gumstrip for stretching paper on drawing board (essential)

I have a small quantity for sale

Drawing boards or plywood (ferreteria will cut you a couple very cheaply)

Sketchbook A4 or A5 cartridge paper

Two large jam jars

Toilet roll or tissues

Soft cloth

Palette or white saucers, plates etc.

Small natural sponge

Masking fluid

*Initial starter paints - Cadmium Red Alizarin Crimson Cadmium Yellow Lemon Yellow
Cobalt Blue Ultramarine Burnt Sienna Raw Sienna
Burnt Umber Raw Umber Paynes Grey*

The art shop I use is MATICES, Denia near the Mercadona. Park in Mercadona's car park and go through the shop and out at the front door. Turn right across the road, past the next block, turn right and you will see the art shop on the left hand side, less than a hundred yards on. The phone number is 965 783 278 if your Spanish is good. The proprietor does speak a little English and is quite helpful. Let her know that you are in the Moraira/Teulada U3A as if she thinks we are to keep coming, we can perhaps get a discount.

Your class begins at 10am until 12.30 on Wednesday 16 Sept. To get here from Benitachell go past Javea Golf, the pizza restaurant, the garden center and turn off left at the old stone cross on to Cami vell de Teulada. At the dustbins turn right and we are the third house on the left, number 17.

We have a casita that is now an art studio with a separate toilet. We have coffee and tea making facilities, a sink for washing palettes etc and this year we have a shelf system for bags so as to save space. We have fans in the summer and gas central heating in the winter, so it is a comfortable and creative atmosphere. I will ask for three euros per person to cover expenses such as utilities, refreshments and the inevitable use of my materials when necessary.

Last term we spent some time drawing and painting at the Albarda gardens at La Sella. However, at the start of the course we will concentrate on mastering the basic techniques including the pursuit of good drawing which is essential for the maker of a good painting.

May I draw your attention to next Thursday's 17th Sept. NEW Art Appreciation class now to be at the MABS centre in Benitachell from 4pm until 6pm. Essential to building on your knowledge of how Art has developed through time, and differed in places, if you are aiming to be an good artist yourself.

Looking forward to meeting you,

Lynn Haigh

Quiz group

The new quiz season begins on Thursday, 24 September 2009, at 4pm and thereafter at fortnightly intervals. The meeting place is, as usual, Los Leones, Sol Park, Moraira. New members are always very welcome. Please contact Les and Helen Coughtrey at coughtrey2@gmail.com

Classical Music Appreciation

The object of the group is to enjoy a couple of hours of appreciation of Classical Music. It does not matter whether you know nothing about Classical Music or if at the other end of the scale you have a degree in Musicology. All Moraira/Teulada U3A members are most welcome.

You will hear music from the early renaissance period right through to present day composers. Sessions will take one of three formats.

- Concert Style- Overture, Concerto, Symphony.
- Music of individual countries
- Sessions dedicated to one composer

The group leader will add background information about the composers and the music being played.

We meet at the back room of Bar Mediterraneo Teulada. Our use of the room is on the understanding that we support the bar by purchasing refreshments and that some of us will stay for lunch. The sessions finish at around 12.45pm and those who wish to stay for lunch will be offered a 3 course menu with wine for €10.

4TH MONDAY OF EACH MONTH
10.30am to 12.45pm

Date of first meeting Monday 26 October at 10.30am

Group Leader: Nick Green
Email: nickcamerongreen@gmail.com

Petanque

Our Wednesday Petanque group has challenged the Javea U3A Petanque group to a series of challenge matches over a four-game session. The first two sets of games were played on 17 September 2009 and resulted in a 13 to 11 win for Javea. The final matches were played on 23 September at both home and away venues and the result was 15 to 9 win for Javea. (overall 28 to 20 to Javea). Therefore Javea U3A Petanque team will hold the Challenge Trophy (donated by U3A Javea) for the year. They also share out between the players a dozen bottles of bubbly (donated by U3A Moraira/Teulada). The games were of a very good standard and everyone enjoyed the experience.

This challenge match was started by Wednesday Petanque group leader Andy Keen and will now become an annual event. Our Wednesday Petanque team are hoping to issue further challenges to other U3A teams (Calpe/Val de Polop etc), our Thursday Petanque group, and other Petanque groups in the area.

If you are interested in playing Petanque please indicate your interest using the group web sites under Petanque. Although both groups are full at present, if enough members sign up on the waiting lists new Petanque groups can be started with a little help initially from the group leaders. It is a very enjoyable game, is easy to learn and fun to play.

Andy Keen

10- Pin bowling

We meet the last Wednesday of every month at the Ondara bowling alley, 7.00pm for a 7.30 start. I look forward to seeing you there on Wednesday 30 Sept.!

Dave Goodings

Walking for Health

We have nearly 80 people who have joined the group, so in order to make it simpler to organize we shall have similar walks on Tuesdays and Thursdays (leaving it up to you to choose which day). Please note that you will be walking at your own risk.

Walks commence at 9am prompt; we do not wait for latecomers. Those with well-behaved dogs are welcome but asked to walk at the rear of the group.

I shall send out an itinerary of walks in advance, so please check your e-mails regularly. The next one is detailed in the Table below. Each walk will take approximately one hour; you will be told if there are slopes or hills. Most walks will end near a café or such. Please

remember to bring good walking shoes (no flip-flops!), a stick if required, water, hat, sun screen if needed, any medication you are required to keep on your person.

HELP !!! I need co-leaders to assist me on these walks please let me know if you can help on the walks, and which days. If you are familiar with a one hour walk, please let me know !!! Email: hurst100@yahoo.com

You will hear of the first few walks very soon; all you need do is turn up. HAVE FUN, MEET OTHER MEMBERS, AND **GET FIT**.

Rona Hurst, Group Leader

DATE: October. Tuesday 6th and / or Thursday 8th, 9am		WALK LEADER: Rona Hurst
Meeting Point	Moraira main car park	
Walking Route	To Algas and back again	
Terrain	Walking Surface	Pavement and road
	Ascent	Flat. One short optional steep slope
	Duration	1 hour. Approx. 4.2 km
Directions to Meeting Point	Moraira (market) car park. Park as near to Calpe road exit as possible	

Genealogy

As from September 2009 all meetings will be held at 10.00am on Wednesdays at Los Leones, Sol Park, Moraira.

Genealogy an Introduction

Fourth Wednesday of each month. Group Leader *Tessa Deacon* -
tessadeacon@gmail.com

23 September; 28 October; 25 November
 ? December Date to be agreed

Genealogy on the Ancestral Trail

2nd Wednesday of each month. Group Leader *Elaine Wareham* ewareham@ya.com
 09 September; 14 October; 11 November; 09 December

Discounts available to U3A members on production of membership cards

Additions to this list of stores and services which offer discounts to U3A members depends entirely on members informing us of them. Please notify any committee member if you have a suggestion for addition to this page.

Disclaimer

The fact that a supplier of goods or services appears in this list does not mean that they are recommended or endorsed by the committee. They are listed solely because they are offering a discount to U3A members. The Committee does not accept any responsibility for problems that may occur with the purchase of any product or service and Moraira-Teulada U3A shall not be held liable for any such problems. Any complaints the committee receives from members will be investigated and if the supplier is found to be at fault the committee may decide to remove that supplier from the list.

Bodega Blasco in Teulada offers 10% discount on wine cases to all U3A members on production of membership card. It is situated at Polígono Industrial, Teulada, Calle Cristal.lr 14. behind the petrol station. We are informed that this Bodega has a wide range of popular wines which, with a discount, are generally cheaper than same brands in supermarkets.

Bookworld. 10% discount except on "Sale" or "Discount Offers". Please present membership cards BEFORE the assistant enters the details in the till.

Colby's Sports Café. Located at Ctra. Moraira-Calpe 128 (next door to International Doctor on one side and the scuba diving shop on the other). Colby's will give a 10% discount to all Moraira-Teulada U3A members on production of your membership card.

Tel. 965 743 133

De Pelo hair salon, Benitachell

Ladies and gents. Open Mon - Fri, 9.00 am until they have finished; and Saturday 10.00 - 4.00 pm. 10% discount on production of current membership card.

Tel. 96 649 3049

Fiesta Crafts, Jávea, offer a 10% discount to all Moraira-Teulada U3A members on production of your U3A card. This discount cannot be used in conjunction with any other offer and your card must be shown at the beginning of the transaction in order for you to receive your discount. The Fiesta Crafts website gives telephone and email details, map of how to find it, opening times and more.

Hair styling & manicure

Nicki Wilson (NVQ qualified) comes to your own home. 20% discount negotiated by one of our members who recommends Nicki as "friendly, obliging and very professional". Tel. 695 439 938.

Liberty Seguros: 15% discount on car and house insurance.

* Benitachell - Pieter Verbeek SL, Avda Lepanto 37

Tel. 96 649 3295

*Calpe - Foster Consulting SL, Avda Gabriel Miró 18, Edf Dextella, Entlo 2

Tel. 965838384 and 965833052

*Dénia - Mark Petrie SL, C/ Ramón y Cajal, 8 bajo

Tel. 96 578 1815 and 96 578 0757

* Jávea - Avda Marina Española, 24 bajo

Fax: 96 579 3712

Mermaid Diving Service, Moraira. 10% off try-dives and 7% off diving courses for U3A members.

Moraira Plumbing/Heating (Ray Gardner).

10% discount to all Moraira-Teulada U3A members on production of your membership card. Tel. 966 498 993 (mobile 620 523 613).

Palma Concerts

20% reduction to U3A members for all concerts.

The Half Price Bookshop. All books available online at half price plus permanent 10% discount for U3A members. Recommended as reliable by one of our own members. Includes 10% off cost of postage.

The Tool Bar, Moraira.

The owners, Stuart and Wendy, are offering a 10% discount on purchases from their retail range to U3A Members. They have the full range of Draper tools as well as other choices. Members must produce a current U3A membership card, a copy of which is held by the owner for validation purposes. The Tool Bar is situated in Moraira opposite the school on Moraira-Teulada road. Tel. 96 574 5805

The Mutz Nutz (pet supplies).

Located just outside of Moraira along the Moraira-Calpe coast road (next to the farmacia), the Mutts Nutz pet supplies shop can offer you all you need for your pets. Steve and June will welcome U3A members, and a discount of 5% is available on all items except food such as dog biscuits and meat. Steve has asked us to point out that the discount IS however available on treats for the animals! You can also get good advice from Steve on how and what to feed your pets. Please show your membership card to get the discount. Tel. 96 574 4476

Tiffany's Design & Manufacturing Jewellers, Marina Española in Jávea Port. 20% off purchases and 10% off repairs for U3A members. Keith, or one of his staff, will register you and give you a card for your discounts. Keith makes jewellery too, and is always happy to give his opinions on what can and can't be done.

Moraira-Teulada U3A Committee members

<i>President:</i> Ann Colclough tel. 965747343	<i>Ass.Membership Sec:</i> Isabel Tugwell
<i>Vice President:</i> Pamela Kershaw 966497098	<i>Group Coordinators:</i> Shirley Baehr 966495633 Brian Nicholls 965747600
<i>Secretary:</i> Vacant	<i>Public Relations Officer:</i> Barbara Turner
<i>Deputy Sec.:</i> Margaret Roberts	<i>Non-Office-Holding members:</i> Don Roberts
<i>Treasurer:</i> Graham Simons	
<i>Dep. Treasurer:</i> Colin McNae	
<i>Travel Treasurer:</i> Colin McNae	
<i>Membership Sec.:</i> Caz Williams	

CIRCULATION OF NEWSLETTERS You can read and/or print off copies of the U3A Teulada/Moraira newsletters. The small file version is intended for members who have dial-up modems and long download times. This version contains basically just the text content of the newsletters. The other version is for members with a broadband internet connection. It contains photographs, illustrations etc. that make the Newsletter more attractive to read. Contributors please note that all copy must be with the Editor by the end of the last week of each month. Photos are welcome.

GROUPS AND	GROUP LEADERS
Alternative Wine Society Ted Adams	History Brian Nichols
Aromatherapy workshop Valerie Millis	Line Dancing Barbara Ives
Art Appreciation Brian Nichols	Mah Jong Diana Jarvis
Beading making jewellery Anna Marie Inger	Modern Jive for Beginners Richard Perry
Bowling, 10 Pin Dave Goodings	Padel tennis Richard Perry

Card Making/Scrapbooking *Martin and Carole Bentley*

Chess *Ed Morley*

Choir *Ann Johnson*

Classic music appreciation *Nick Green*

Computing email and internet for beginners *Evelyn Adams*

Cookery/Entertaining at Home *Anne Rodger*

Crafts *Elizabeth Wilson*

Creative Writing *Philip Lewis Rothwell*

Cribbage *Colin Turner*

Dining Out *Peter and Sue Wells*

Drama *Pam Ridlington*

Drawing back to basics *Linga Gent*

English Grammar for Confused Spanish Students *Richard Perry*

Fishing, freshwater *Michael Wilson*

Gardening *John and Chris Parsons*

Genealogy, an introduction *Tessa Deacon*

Genealogy, on the ancestral trail *Elaine Wareham*

Golf *Keith Yeulett*

Health walking *Rena Hurst*

Painting with pastels *Linda Gent*

Painting - Water colour techniques an introduction *Lynn Haigh*

Patchwork *Yvonne Remain*

Petanque *Andy Keen*

Petanque 2 *Doug Swindell*

Photogroup *Regina Mueller*

Philosophy *Mike Lawson***Quiz** *Helen & Les Coughtry*

Reading *Gaby Mauger/Pam Milburn*

Sailing *Richard Jones*

Singles Dining Out Saturdays *Norman Peterken*

Skittles for the family *Robin Woods*

Slimming *Tanya Keen*

Spanish Conversation Intermediate *Sheila Shipsides*

Spanish for Beginners (2 groups) *Sue McNae*

Spanish for Beginners (group 3) *Elke Woods*

Spanish lessons one year on Post - beginners *Meri Snell*

Sunday Solo Group *Audrey Germann*

Walking *Bob Fisher*

Yoga (All levels) *Sue McNae*