

***NEWSLETTER Number 31  
June 2011***

***Message from the President***

Hello again everyone,

At last the weather seems to have settled down into what we're used to - sunshine! Moraira is very busy and parking is a problem, so I think summer is here, and very welcome it is too after what seemed like a very long winter.

It's been a busy month for me and, for the first time, I have the calendar next to me to remind me what went on in May - there was such a lot going on!

On Saturday 7<sup>th</sup> I went to the APASA Ball at the Salon Canor, a last minute arrangement for me but a very good evening, and they raised over €1000 on the raffle, which will help a lot of animals. I was delighted to win a voucher for a cut and blow dry at a local hairdressers in the raffle, and the entertainment (singer Rob Sweeney and Duo Zodiac) were both excellent, so a really good evening.

I had to leave early (11.30) as first thing in the morning on Sunday 8<sup>th</sup> Al and I were off to Cordoba and Granada on a U3A trip. My little dogs had been taken to the kennels on the Saturday morning, and goodness the house seemed empty without them. We were all outside the Wok in Moraira in good time, and off we went on our long journey to Cordoba.

We had several stops during the day and seeing so much of Spain was very interesting, and surprising too, as much of it was so green.

We arrived in the early evening in Cordoba and got off the bus "over the bridge", which meant a walk into Cordoba over the bridge, and a chance to stretch our legs. The hotel was ideally situated opposite the main tourist attraction (although it wasn't designed that way of course!), the Mezquita. It stands right in the centre of the city, surrounded by the old Jewish and Moorish quarters. When the Christians reconquered the city they were so overwhelmed by its beauty that they built the Cathedral within the Mosque. After a night's sleep we were given a tour of the Mezquita by Luis, a charming and very enthusiastic guide, who spoke excellent English and adopted all of us at once as "my very good friends". His knowledge of the building was amazing, and he made it all come to life. After leaving Luis we went to the Tourist Office to get maps of the Patio Gardens which were open to the public. Sadly the map they gave us didn't match the map of the city we had and Al and I were soon lost! We found some lovely buildings - like the Kings Stables - by accident, so the afternoon was far from wasted.

After another night at the hotel, we were on our way to Granada, one of my favourite places, and somewhere Al had never been. We "did" the Alhambra and enjoyed it thoroughly, and we were all back on the bus 15 minutes early ready to come home.

Our trip back was uneventful, but we did pass the turn off for Lorca very shortly before the earthquake hit the city, and I think we were all shocked to hear the news when we got home.

We were back in Moraira in the early evening after a very busy but most enjoyable few days. One of the highlights for me was meeting so many of the members and being able to put faces to names!

Our ever busy Group Co-ordinator, Shirley Baehr, arranged a meeting for Group Leaders and the Committee at Los Leones on the 23<sup>rd</sup> and that was a very interesting evening. Lots of Group Leaders came and we all enjoyed chatting to each other and hearing of some of the problems Group Leaders have.

By far the biggest problem they have is sadly caused by the members of their groups, that's **you** - the members! We heard several tales of people simply not turning up for Groups and not letting the Group Leader know. One normally very enthusiastic Group Leader has decided not to lead the Group any more as several times he was the only one there, but still had to pay for the premises. The U3A will, of course, reimburse him, but this doesn't help the fact that what was once a very popular group now has no members, and no one told the Group Leader they weren't going to the Group - he was simply left on his own.

There is NO excuse for bad manners. We may not all have computers, but we do all have telephones, and a simple phone call would have meant the Group Leader knew he was going to be alone.

On Wednesday 25<sup>th</sup> May I took a coach full of members to the Hoya de Cadenas Winery in Utiel. This was a repeat trip of the one Pamela and I took there in 2009, and we had been asked to do it again. I gave everyone an itinerary, in which I asked them to be at the Wok at 8.45. I arrived at 8.35 and almost everyone was there before me – super!

We were off early at 8.50, and stopped for coffee at 10.20. We arrived at the winery on time, thanks to Pepe, the driver, and found the “Noddy Train” waiting for us. It took us through the fields of vines to the old part of the Winery and, although I saw many changes since my last visit, everyone seemed to find it interesting.

As in 2009, the wine tasting proved very popular and after a visit to the brand new shop and many purchases to be enjoyed at home by members, we were off to lunch. Again this was a change from the lovely hotel we used last time, but everyone enjoyed their lunch and we were soon on the way back to the bus. We didn't stop on the way home and I was back in the house by 7.30 after a long but most enjoyable day out.

Between visits and Group Leaders meetings, I have also been going to my own Groups - Cookery and Flower Arranging. I miss my Craft Group, which was run by Elizabeth Wilson, very much, but sadly Elizabeth's husband is unwell and she has had to stop the Group for the time being.

I see the calendar holds one more U3A treat for me this month. On Monday I'm going to see “Blood Brothers” in Alfaz, and I'm looking forward to that very much indeed.

This month I have learned for myself that what I have been saying to members for some time is really VERY true. If you are alone, or simply travelling alone, then you may make the (sometimes hard) decision to go on a trip by yourself. The wonderful thing about the U3A is that you aren't alone for long; it's the largest bunch of “immediate friends and family” you could wish to have!

I'm looking forward very much to our speaker on 6<sup>th</sup> June, Harry Duffin. Having read his wonderful book, “Chicago May”, I know he's going to be doubly interesting, both as a script writer for TV programmes and as an author. I hope to see lots of you there.

I know lots of you have friends and families visiting you soon and I hope the sun continues to shine on all of you.

Best wishes

*Ann*

## ***Moraira-Teulada U3A Committee members***

<b><i>President:</i></b>	Ann Colclough Tel: 965 747 343	<b><i>Membership Secretary:</i></b>	Sue Popkin
<b><i>Vice President:</i></b>	Pamela Kershaw	<b><i>Deputy Membership Secretary:</i></b>	Sue Suri
<b><i>Secretary:</i></b>	Margaret Roberts	<b><i>Group Co-ordinator:</i></b>	Shirley Baehr Tel: 966 495 633
<b><i>Deputy Secretary:</i></b>	Linda West	<b><i>Deputy Group Co-ordinator:</i></b>	<b>Post Vacant</b>
<b><i>Treasurer:</i></b>	Bob Oxley	<b><i>New Members Liaison:</i></b>	Don Roberts
<b><i>Deputy Treasurer:</i></b>	Colin McNae	<b><i>Website Liaison:</i></b>	Margaret Williamson
<b><i>Travel Group Co-ordinator:</i></b>	Carol Mantle	<b><i>Speakers List Co-ordinator:</i></b>	Sue Suri



### ***Next General U3A meeting***

This will be on Monday 6<sup>th</sup> June 2011  
at the Salon de Banquettes, Avenida del Mediterráneo, Teulada  
at 10.30 a.m.

**Doors open to members at 09:45 a.m.**

## **GROUP NEWS**

### ***NEW GROUP – Dog Training***

Puppy Training: Mainly socialising with other dogs and walking to heel on lead.

Older Dog Training: Walking to heel on lead. Sitting/Down/Standing/Stays on command.

Advanced Training: For people who would like to train to Club level. Send Aways/Retrieve/Stays etc.

All of these classes should be enjoyed by both the owners and their dogs for approx. 20/30 minutes in a friendly fun environment. We are looking for a suitable enclosed venue so if you have any ideas please let us know.

Please register your interest through **Avril Benn:** [ndb@moultbenn.com](mailto:ndb@moultbenn.com)

### ***Spanish Course Update***

Term will finish at the end of June and we are presently preparing a full new schedule for next year to commence on **19 September**. Full details will be sent in due course to enable you to enrol in the appropriate class.

Carmen will be holding informal summer conversation classes from the **11th July**. These will be held in the bar of Los Leones and will be on a pay as you go basis. No whiteboard, no homework, just fun conversation.  
Mondays 10-11 Beginners and Post Beginners.  
Mondays 11-12 Intermediate and Advanced.  
For further information please contact **Linda West**: [westlj32@gmail.com](mailto:westlj32@gmail.com)

### ***10-Pin Bowling***

Would someone please like to take over the very successful group previously run by Dave Goodings. If you think you can help, please contact Shirley Baehr: [SBaehr1951@aol.com](mailto:SBaehr1951@aol.com)

### ***Art History and History Programmes***

#### **ART:**

Last talk before the summer:

**Monday 13<sup>th</sup> June** – ‘Animals in Art’ from Pre-historic to Picasso’

#### **HISTORY:**

**Monday 30<sup>th</sup> May** – ‘The Founding of Cape Town’ by Dee Craig

**Monday 27<sup>th</sup> June** – Indian Mutiny Part 2 – ‘Siege of Lucknow’

All talks at Espai la Senieta, Moraira commencing 10.30 a.m.

For further information please contact: **Brian Nicholls**: [brianjohnnicholls@gmail.com](mailto:brianjohnnicholls@gmail.com)

### ***Alternative Wine Group***

Can the members who read this newsletter please tell their friends who do not have an email address that they can make a telephone reservation for the wine tastings by calling Peter Romain on 96 649 5139. If there is no reply, please ask them not to leave a message but to ring back another time so that I can confirm their reservation.

Alternatively, if they could team up with you, then that would be even better!

New members welcome.

We taste wines that retail at less than €4. We meet on the second Wednesday of most months at MAPA, Benitachell 5 p.m.-7 p.m.

Group members **MUST** be current members of the Moraira-Teulada U3A.

### ***Knit and Natter***

We have now decided to not only do baby clothes but to do beanies, scarves and gloves for our Troops in Afghanistan, as we had lots of dark wool unsuitable for children's clothes. We have also been asked to knit for older children and adults but our donated wool is usually the oddments left over and we rarely get more than 3 balls of any one colour. If you have any spare wool or would like to help please contact Sue Bradley: [soozieq333@gmail.com](mailto:soozieq333@gmail.com)

## Yoga

Yoga will continue throughout June to mid July.

## Art and Crafts

We urgently need teachers for painting and any crafts. If you think you can help, please contact Shirley Baehr: [SBaehr1951@aol.com](mailto:SBaehr1951@aol.com)

## New Groups


We are always looking to start new groups and we can give you lots of help in starting them up. Please contact me for further information.

If you have any queries regarding the existing groups, I shall be happy to help.

I am also looking for a Deputy Group Co-ordinator, so please get in touch with me if you would be interested in this post.

Shirley Baehr, Group Co-ordinator:

 [SBaehr1951@aol.com](mailto:SBaehr1951@aol.com)

 966 495 633

## GROUP DETAILS

<b>Group</b>	<b>Group Leader(s)</b>	<b>Proposal</b>	<b>Dates/ Location/ Venue</b>	<b>Frequency</b>
<i>10 Pin Bowling</i>	<b>New leader required</b>	Bowling at the Ondara Alley	Ondara	3 <sup>rd</sup> Wednesday of the month at 7:00 p.m.
<i>Art History</i>	Brian Nicholls & Cedomir Panajotovic	A wide variety of art, artists and art movements will be visually presented	Espai La Senieta, Moraira	2 <sup>nd</sup> Monday of the month at 10:30 a.m.
<i>Aromatherapy Workshop</i>	Valerie Mills	A brief history and demonstration	Moraira	Once a month 3:00-5:00 p.m.
<i>Bowls</i>	Don Roberts	Green Bowls	The Inn on the Green, Javea	Weekly Monday and Wednesday p.m.
<i>Bridge, Social</i>	Sybillie Ross	Friendly Bridge. No partner needed. We play Acol.	Moraira	Weekly Friday p.m.

<i>Card Making/ Scrapbooking</i>	Martin and Carole Bentley	Learning and practising card making and scrapbooking	Los Leones, Sol Park, Moraira	Twice a month Tuesday 3:00-5:00 p.m.
<i>Chess</i>	Ed Morley	Social Chess	Espai La Senieta	Every other Thursday 10:30 a.m.-12:30 p.m.
<i>Choir</i>	Ann Johnson		Ermita San Jose	Weekly Wednesday 11:00 a.m. slot
<i>Classical Music Appreciation</i>	Geoffrey Shean	Appreciation of Classical Music	Moraira	Once a month Monday a.m.
<i>Computing – Beginners</i>	Peter Romain	Practical help with computing	Benitachell	Weekly Tuesday a.m.
<i>Computing - Intermediate</i>	Peter Romain	Practical help and training with computing	Benitachell	2nd, 3 <sup>rd</sup> and 4 <sup>th</sup> Mondays of the month a.m.
<i>Cookery Demonstration and Workshop</i>	Eileen Haxon	Themed cookery demonstration and tastings	Moraira	Once a month for 2 groups Monday p.m.
<i>Craft</i>	Elizabeth Wilson	General Craft Group	Moraira	<b>On Hold</b>
<i>Creative Photography</i>	Don Roberts	Composition, editing, printing, mounting and framing	Benitachell	Once a month Tuesday 3:00-5:00 p.m.
<i>Creative Writing</i>	Shirley Giles	Members bring their writings for criticism and help	Moraira	Alternate Mondays at 3:00 p.m.
<i>Cribbage</i>	Colin Turner		Bar Med Teulada	Wednesday 7:00-10:30 p.m.
<i>Debating</i>	Geoffrey Shean	The object of the group will be to meet once a month and debate a subject chosen the previous month	Moraira area	Contact leader for details
<i>Dining Out</i>	Robin and Elke Woods	The group will enable members to sample different cuisines and restaurants in the area	Moraira area. Contact Leader for details	Twice a month Tuesday evening
<i>Dog Training</i>	Avril Benn	Various classes to be enjoyed by both owners and their dogs in a fun and friendly environment	To be announced	Hoping to commence September 2011. Please register your interest with Group Leader.

<i>Drama Group</i>	Anne Cattle		Salón de Actors, Espai La Senieta, Moraira	1 <sup>st</sup> and 3 <sup>rd</sup> Tuesdays of the month 11:00 a.m.-1:30 p.m. following by lunch (if you wish)
<i>Film Group</i>	Philip Chaney	English Language films	Espai La Senieta, Moraira	2 <sup>nd</sup> Monday of the month 5:45 p.m. for 6:00 p.m. <b>Restarts in October 2011</b>
<i>Fishing, Freshwater</i>	Michael Wilson	Organised freshwater fishing expeditions	Regional	Every other Thursday
<i>Five a Side Football</i>	Colin Brady	Fun Five a Side Football	Sol Park Tennis Club	1 <sup>st</sup> and 3 <sup>rd</sup> Tuesdays of the month 2:00 p.m.
<i>Flower Arranging</i>	Tina Wallis	Practical flower arranging	Moraira	Every other Tuesday
<i>Friends of Avinença</i>	Paul and Pat Pruden	To gain entry to many aspects of local history and activities that otherwise would be difficult to access	Various	To be announced
<i>Golf</i>	Geoff and Rona Hurst	A golf group of experienced players	Benidorm	Monthly Mondays
<i>Healthy Walking</i>	Rona Hurst	One hour walks	Various	One week Tuesday, one week Thursday 9:00 a.m.
<i>History</i>	Cedomir Panajotovic and Brian Nicholls	A wide range of lectures	Espai La Senieta	Last Monday in the month at 10:30 a.m.
<i>Kayaking</i>	Robert McLean	Instruction and fun on Kayaks	Las Bassettes	To be announced
<i>Keep Fit</i>	Mandy Fatek	1 hour of keep fit including a warm up, lots of stretching and toning, aerobic work and floor exercises	Pensionisters Club, Benitachell	Weekly Wednesday a.m.
<i>Knit and Natter</i>	Sue Bradley	Knitting baby clothes to give to local charities and beanies, scarves & gloves for Troops in Afghanistan		Fortnightly Alternate Tuesdays 2:30-4:30 p.m.

<i>Mah-Jong</i>	David Goodall and Pam Millburn	The basics are easily learnt in the first session	Restaurante Asiatico Xin Xiang, which is opposite the mosaic wall of the school in Moraira, next to The Tool Shop	Weekly Thursday 3:00-5:00 p.m.
<i>Padel Tennis</i>	Richard Perry		Teulada	Monday 11.00a.m. Thursday 4:00p.m.
<i>Painting</i>	<b>New Art Teacher required</b>			<b>On Hold</b>
<i>Patchwork</i>	Yvonne Romain		Benitachell	Mondays and Wednesdays 3:00-6:00 p.m.
<i>Petanque</i>	Andy Keen		Purpose built rinks at Cumbre del Sol	Weekly Wednesday a.m.
<i>Petanque 2</i>	Doug Swindell		Purpose built rinks at Cumbre del Sol	Weekly Thursday a.m.
<i>Petanque 3</i>	Bob Whittle and Margaret Williamson		Brevis Bar, Sol Park	Weekly Thursday 10:00 a.m.
<i>Petanque 4</i>	John Manley		Brevis Bar, Sol Park	Weekly Thursday p.m.
<i>Petanque 5</i>	John Manley		Brevis Bar, Sol Park	Weekly Saturday a.m.
<i>Photography</i>	Regina Mueller	We decide what topic we will work on and we will not compete for 'best picture'. Instead, we will try to improve our own skills and have fun together	Various	Changeable monthly
<i>Understanding Psychotherapy</i>	Mike Lawson	6 to 8 talks about psychotherapy – its theory and its practice. To get a fair understanding of how psychotherapy works.	Moraira	Group Full
<i>Quiz Group</i>	Helen and Les Coughtrey	Fun Quiz	Los Leones, Sol Park, Moraira	Twice a month Thursday 4:00 p.m.

<i>Reading Group</i>	Gaby Mauger	To explore all types of literature, to read those books you might not normally choose	Moraira area. Contact Leader for details	Monthly Friday p.m.
<i>Rummikub</i>	Angela Pulford	Rummikub is a game for 2-4 players. Each week players on each table will be drawn randomly	Jacaranda Restaurant, Moraira	Weekly Wednesday 4:00-6:00 p.m.
<i>Sailing Group</i>	Richard Jones	To meet up and discuss sailing with the possibility of arranging lessons and sailing	Espai La Senieta, Moraira	Monthly Tuesday 4:00 p.m. plus sailing days
<i>Singles Dining Out</i>	Norman Peterken	Dining out for singles		Twice a month Saturday evening
<i>Skittles for the family</i>	John and Barbara Rhodes		Skittle Alley in La Pedrera, Benissa Trading Estate	Twice a month Friday p.m.
<i>Spanish Groups Co-ordinator</i>	Linda West	To join various groups	Moraira	See Schedule
<i>Spanish Conversation – Beginners</i>	Pauline McGough	No books, no grammar, just talk	Teulada	Wednesday and Friday 10:00 a.m.- noon
<i>Spanish Conversation – Intermediate</i>	Sheila Shipsides		Anduluz	Saturday 10:30 a.m. - noon
<i>Square Dancing</i>	Janet and Trevor Neale	Have fun and learn square dancing	Benitachell	Weekly Wednesday 4:45 p.m.
<i>Sunday Lunch Solo Group</i>	Audrey Germann	Dining out for singles	Local area	Twice a month 1:00 for 1:30 p.m.
<i>Table Tennis</i>	Janet Dane	All levels	Los Leones, Sol Park	Weekly Thursday 4:00-6:00 p.m.
<i>Yoga</i>	Kate Sutton	Hatha Yoga	Moraira	Weekly Wednesday 10:00 a.m. <b>Will finish mid July 2011</b>
<i>Wine Tasting</i>	Peter Romain	Alternative wine appreciation. A chance to taste good low priced wines	Benitachell	2 <sup>nd</sup> Wednesday of the month
<i>Zumba</i>	Sandy Bianco	Zumba dance exercise	Teulada	Weekly Monday 3:45 p.m.

## CALENDAR OF GROUPS

DAY	A.M.	P.M.
<b>MONDAY</b>	<i>Art History Classical Music Computing - Intermediate History Golf Padel Tennis</i>	<i>Bowls Cookery Demonstration Creative Writing Film group Patchwork Zumba</i>
<b>TUESDAY</b>	<i>Computing - Beginners Drama group Healthy Walking</i>	<i>Card making/Scrapbooking Creative Photography Dining out (evening) Five-a-Side Football Flower arranging Knit and Natter Sailing group</i>
<b>WEDNESDAY</b>	<i>Choir Keep Fit Painting (on Hold at present) Petanque Spanish Conversation - Beginners Yoga- will finish mid-July</i>	<i>Alternative Wine Appreciation Bowls Cribbage (evening) Patchwork Rummikub Square Dancing 10 Pin Bowling-new Leader required</i>
<b>THURSDAY</b>	<i>Chess group Fishing, freshwater Healthy Walking Painting Petanque 2 Petanque 3</i>	<i>Craft group (on Hold at present) Mah-Jong Padel Tennis Petanque 4 Quiz group Table Tennis</i>
<b>FRIDAY</b>	<i>Spanish Conversation - Beginners</i>	<i>Bridge Reading group Skittles for the family</i>
<b>SATURDAY</b>	<i>Petanque 5 Spanish Conversation - Intermediate/Advanced</i>	<i>Singles Dining Out (evening)</i>
<b>SUNDAY</b>		<i>Sunday Lunch Solo group</i>
<b>VARIOUS</b>	<i>Friends of Avinença Debating Photographic group</i>	
<b>TO BE ANNOUNCED</b>	<i>Dog Training Kayaking</i>	

## ***CIRCULATION OF NEWSLETTERS***

*You can read and/or print off copies of the U3A Teulada/Moraira newsletters. The small file version is intended for members who have dial-up modems and long download times. This version contains basically just the text content of the newsletters. The other version is for members with a broadband internet connection. It contains photographs, illustrations etc. that make the Newsletter more attractive to read.*

*Contributors - please note that all items that you wish to be included in the newsletter must be with the Editor by the middle of the third week of each month. Photos are welcome.*

*This newsletter is posted on the U3A website and, to protect privacy, no email addresses or telephone numbers are shown without the owner's specific permission. Go to the website for emailing instructions.*

## ***DISCOUNTS***

*In order to reduce the size of the Newsletter, the details of U3A discounts will now only be included in the copies which are printed for non computer owners. For computer owners details of discounts are given on the website [www.u3amoraira-teulada.org](http://www.u3amoraira-teulada.org)*