

U3A Moraira-Teulada

www.u3amoraira-teulada.org

NEWSLETTER Number 33 September 2011

Message from the President

Hello everyone,

Welcome to the beginning of the "Autumn Term" and a very warm welcome back to those of you who have spent the summer away from Spain. I have had a number of calls from prospective new members during the break; they were all looking for something to do.

I know that some of the Groups have carried on during the summer; in this heat you have my utmost admiration!

I'm going to start with some advice of a financial nature, NOT something I normally do! Like many people, my husband Al and I had never got around to the very important task of making a Will, but we decided that we would ask the people who did our Tax Returns this year to give a quote for 2 very simple Wills. To my absolute amazement, they quoted us well over €600 for the two, and I do mean well over!

I was complaining bitterly about the quote when a fellow Committee Member told me that, in fact, we didn't have to go through anyone legal, we could go straight to the Notary.

I did exactly that and spoke to an English lady called Sue in the Notary in Teulada. She took brief details of what we wanted, and we made an appointment later in the week to finalise it. "Sue" said it would take 45 minutes, and that's exactly what it took, and the cost? For the two Wills, we paid €151.93! So if you are considering making a Will, and of course we all should, there's a suggestion for you, go straight to the Notary, I'm very glad we did.

Looking back at the Calendar for July, I see I went to the Calpe U3A choir concert on July 7th. It was a wonderful evening full of music and song and, because of the heat, the choir had been given permission to wear summer clothes instead of their normal uniforms. The ladies all looked very pretty in their summer dresses. The concert was a sell out, and given the quality of the performance, I'm not surprised.

August brought Al and I personal bad news as it became clear that one of our 4 wonderful and very old and large Palm Trees had been infected by the dreaded beetle. I thought it was past hope, but we've had all of them treated, and they have had their follow up injections too, and my fingers are firmly crossed as the tree certainly seems to be trying to put out new shoots.

On Friday 12th August I was once again invited to have lunch with Pauline's Spanish class in Bar Med. Saying "thank you" for the free use of the room in this way is such a good idea, and one I know that Luis very much appreciates. The food was very good, and the faces of the people who ordered Paella for a starter were worth seeing, it was big enough for a main course!

It is some considerable time since Janine Lamont and Martyn Standing from the Consulate travelled North to talk to us, almost 2 years in fact. There is of course a new Consul, Paul Rodwell, and I have invited him, together with Martyn Standing, to come and talk to the U3A. I had hoped to be able to give you some positive information in this Newsletter, but at the moment all I have from my contact in the Consul is that the Consul hopes to be able to come and talk to us in October. I will keep you informed of course.

And finally, some personal news. Many of you will know that on 20th February 2010 I broke my shoulder. Sadly, even after more than 18 months, it still hasn't healed and is very uncomfortable. The specialist said there are torn tendons which need repairing, and I will be having this done in Denia, hopefully on August 23rd, which is of course the reason I am doing my bit for the Newsletter today - the 21st August!

I hope very much to be at the General Meeting on September 5th, and look forward to seeing lots of you then.

Regards

Ann

Moraira-Teulada U3A Committee members

<i>President:</i>	Ann Colclough Tel: 965 747 343	<i>Membership Secretary:</i>	Sue Popkin
<i>Vice President:</i>	Pamela Kershaw	<i>Deputy Membership Secretary:</i>	Sue Suri
<i>Secretary:</i>	Margaret Roberts	<i>Group Co-ordinator:</i>	Shirley Baehr Tel: 966 495 633
<i>Deputy Secretary:</i>	Linda West	<i>Deputy Group Co-ordinator:</i>	Post Vacant
<i>Treasurer:</i>	Bob Oxley	<i>New Members Liaison:</i>	Don Roberts
<i>Deputy Treasurer:</i>	Colin McNae	<i>Website Liaison:</i>	Margaret Williamson
<i>Travel Group Co-ordinator:</i>	Carol Mantle	<i>Speakers List Co-ordinator:</i>	Sue Suri



Next General U3A meeting

This will be on Monday 5th September 2011
at the Salon de Banquettes, Avenida del Mediterráneo, Teulada
at 10.30 a.m.

Doors open to members at 09:45 a.m.

GROUP NEWS

Art History and History Programmes

The Art lectures start on Monday 12th September with a talk entitled 'An Introduction to Modern Art' by Brian Nicholls.

The first History talk is by a new speaker, Fabio Bezoari, who will give a talk on the 'Ancient Anazasi People of the Continent that is now the United States of America'. This will be on Monday 26th September.

All lectures take place at 10.30 am in the lecture theatre at Espai La Senieta in central Moraira.

The Golden Oldies Musicians Group

This group first met at the beginning of August and has rapidly become very successful with a core of enthusiastic members now meeting every Tuesday at 11.00 a.m. at The Tropicana bar, which is in Calle Viejo del Portet next door to the Don Quijote Bar. This is the road on the right just opposite the Paichi garden centre entrance. It is in the Paichi Centre in Moraira which is above the European Centre on the Moraira-Teulada Road.

The group welcomes anyone, no matter how accomplished they may be or how badly they think they sing or perform, who would like to play Blues/Folk/Rock/Skiffle 40's, 50's & 60's - and any other type of music - with friends and fellow U3A members.

Our group presently includes guitarists, keyboard players, harmonica player, saxophonist, drummer, bass player, violinist/cellist and some singers. Any performers will be welcome whether they play the guitar, saxophone, mouthorgan, keyboard, comb and paper, spoons, electric organ, ukulele, flute, clarinet or any other musical instrument even including - occasionally, if they must - the didgeridoo!! It cannot be emphasised too much that the most amateur performers can provide great fun and entertainment when amongst friends - and for those willing to have a go it's a great way of applying all of those hours you may have spent practising on your own but never dared to do so in public!!

We look forward to hearing from anyone who may be interested.

Email: johnsuehop@hotmail.com

English Grammar for Confused Students of Spanish

Richard Perry will be offering another 6 week course in 'English Grammar for Confused Students of Spanish' on Monday mornings this autumn. See the website for details and email him if you are interested. Email: perryspain@gmail.com

Padel Tennis

Padel Tennis will re-commence on Thursday 15th September at 4.00 p.m. Email Richard if you want to join this group. If we get a good response another group will be started on, say, Monday mornings. Email: perryspain@gmail.com

Classical Music

The classical music appreciation group will resume again on Monday 26th September at the Moraira Yacht Club starting at 10.30 a.m. The group meets the last Monday in the month. Anyone who enjoys classical music is welcome to come along. If you are interested please contact Geoffrey Shean on 96 649 2486. Email: geoffrey.w.shean@gmail.com

Debating

Enjoy a lively debate? Then the debating group is for you. The group meets every second Wednesday of the month at 3.00 p.m. The group will begin meeting again on 14th September. If you would like to join us please contact Geoffrey Shean on 96 649 2486. Email: geoffrey.w.shean@gmail.com

Cookery Demonstrations

Cookery Demonstrations restart on Monday 12th September. Contact Eileen for the full schedule or to put your name down. Email: davideileen08@gmail.com

Petanque

Petanque Group 1 will be holding their annual challenge match with Javea U3A Petanque group. We have provisionally agreed the following two dates:
10.00 a.m. on Wednesday 28th September at Cumbre del Sol courts and
4.00 p.m. on Thursday 29th September at the Javea Costa Nova courts.
Andy Keen Email: andytanya@telitec.es

Dining Out Group

Robin and Elke are stepping down from running this very successful group. I am proposing that we get three or four couples to run it, so that each couple would only have to arrange two meals a year. Please contact me for further information and to arrange a meeting. We cannot let this highly successful group fold. Shirley Baehr sbaehr1951@aol.com

Badminton

A new group where all levels are welcomed. Please register your interest or contact Rose on 96 574 8597. Email: badros2@terra.es

Table Tennis

The table tennis group was planned to recommence at the beginning of September, but, due to various circumstances, it will be delayed until Thursday 6th October at the usual venue at Sol Park, starting at 4.00pm. I look forward to seeing both old and new members. Email janetdane1@googlemail.com

Yoga

We have a new Yoga teacher. Lessons will be from 10:00 to 11:15 a.m. on Thursday mornings in Benitachell. Further details will be sent out soon. A sign up sheet will be available at the next meeting or you can register with Louise on louiseambler@gmail.com

New Groups

I am always looking to start up new groups as well as finding people to run existing groups. We need group leaders for all arts and genealogy and, of course, new ideas.

Shirley Baehr, Groups Coordinator Email: sbaehr1951@aol.com

Spanish Classes 2011/2012

There will be three terms:

- 19th September to 9th December
- 9th January to 30th March
- 16th April to 29th June

Enrolment for all classes with Carmen and Laura will only be through Linda West, the Spanish Groups Coordinator. Email: deputy-secretary@u3amoraira-teulada.org It is also essential to let her know if you have any problems attending the course. Please give your U3A Membership Number when enrolling. Late bookings will also be through the coordinators – not through the teachers.

Each lesson of one and a quarter or one and a half hours will cost 4 euros. Payment for the whole month will be required at the beginning of the month (if you are away then the following week). The venue for these classes is Los Leones at Sol Park in the room on the right before entering the restaurant just off the terrace.

The venue for the Beginners Conversation classes is Bar Med, Teulada. Contact Pauline direct to book a place. A payment of 10 euros will be required at the beginning of each month.

The Intermediate/Advanced Conversation group venue is Bar El Andaluz, Ceramics Corner, Moraira-Benitachell Road. You should contact Sheila Shippides direct to register your interest. There is no charge for Sheila's Saturday conversation group meetings.

The following is a guideline to the courses. However, the teacher will adapt to the level and wishes of each class to make it interesting and informative and give you what you need.

Beginners	<i>From the basics, the course will cover the alphabet, pronunciation, present tense verb endings, masculine, feminine, singular, plural, ser and estar, etc; and time, days, numbers, directions, etc. The course will give you the confidence with basic Spanish.</i>	Mondays 10:15-11:30 a.m. Group Leader: Carmen Or Mondays 12:15 – 1:30 p.m. Group Leader: Carmen
Post-Beginners	<i>For this course you should have covered everything in the beginners' course including tener, querer and gustar and the course will progress you towards intermediate. The course will give you the chance to practise what you have already learnt and build your confidence in speaking and understanding Spanish.</i>	Wednesdays 9:45 – 11.00 a.m. Group Leader: Carmen Or Wednesdays 2:00-3:15 p.m. Group Leader: Laura
Pre-Intermediate	<i>You should already have covered everything in the previous courses. This course will cover future, simple past, present perfect (have walked), irregular verbs in present tense, reflexive verbs, personal pronouns.</i>	Wednesdays 3:30-4:45 p.m. Group Leader: Laura Or Wednesdays 5:00-6:15 p.m. Group Leader: Laura
Intermediate	<i>You should already have covered everything in the previous courses. This course will cover the present subjunctive and the conditional.</i>	Tuesdays 4:00-5:15 p.m. Group Leader: Carmen
Advanced	<i>This will be for advanced speakers who want to have the benefit of a teacher present to polish up their advanced Spanish while in discussions.</i>	Tuesdays 2:30-3:45 p.m. Group Leader: Carmen Or Wednesdays 11:15 a.m.-12:30 p.m. Group Leader: Carmen
Conversation Beginners	<i>No books, no grammar. Learn through repeating phrases and asking questions. Group Leader: Pauline McGough</i> <i>Contact Pauline direct.</i> <i>Email: group-spanish-beginners@uzamoraira-teulada.org</i>	Wednesday mornings 9:30-10:30 10:45-11:45 12:00-1:00 Or Friday mornings 9:30-10:30 10:45-11:45 12:00-1:00
Conversation Intermediate	<i>Intermediate conversation class in the presence of a teacher.</i>	Wednesdays 12:45-2:00 p.m. Group Leader: Carmen
Conversation Advanced	<i>Advanced conversation class in the presence of a teacher.</i>	Tuesdays 1:15-2:30 p.m. in the bar at Los Leones. Group Leader: Carmen
Conversation Intermediate/Advanced	<i>This group is for members who are happy to have an unsupervised Spanish conversation. Group Leader: Sheila Shipsides. Contact Sheila direct. Tel: 965 744 601 Email: billsheila@gmail.com</i>	Saturday mornings

GROUP DETAILS

Group	Group Leader(s)	Proposal	Dates/ Location/ Venue	Frequency
<i>Art History</i>	Brian Nicholls & Cedomir Panajotovic	A wide variety of art, artists and art movements will be visually presented	Espai La Senieta, Moraira	2 nd Monday of the month at 10:30 a.m.
<i>Aromatherapy Workshop</i>	Valerie Mills	A brief history and demonstration	Moraira	Once a month 3:00-5:00 p.m.
<i>Badminton</i>	Rose Avila	For all levels	Benissa Sports Hall Palau Sant Pere	Wednesdays 2:30-4:30 p.m. Please register your interest with group leader
<i>Bowls</i>	Don Roberts	Green Bowls	The Inn on the Green, Javea	Weekly Monday and Wednesday p.m.
<i>Bridge, Social</i>	Sybille Ross	Friendly Bridge. No partner needed. We play Acol.	Moraira	Weekly Friday p.m.
<i>Card Making/ Scrapbooking</i>	Martin and Carole Bentley	Learning and practising card making and scrapbooking	Los Leones, Sol Park, Moraira	Twice a month Tuesday 3:00-5:00 p.m.
<i>Chess</i>	Ed Morley	Social Chess	Espai La Senieta	Every other Thursday 10:30 a.m.-12:30 p.m.
<i>Choir</i>	Ann Johnson		Ermita San Jose	Weekly Wednesday 11:00 a.m. slot
<i>Classical Music Appreciation</i>	Geoffrey Shean	Appreciation of Classical Music	Moraira Yacht Club	Last Monday of the month 10:30 a.m.
<i>Computing – Beginners</i>	Peter Romain	Practical help with computing	Benitachell	Weekly Tuesday a.m.
<i>Computing - Intermediate</i>	Peter Romain	Practical help and training with computing	Benitachell	2 nd , 3 rd and 4 th Mondays of the month a.m.
<i>Cookery Demonstration and Workshop</i>	Eileen Haxon	Themed cookery demonstration and tastings	Moraira	Once a month for 2 groups Monday p.m.

<i>Craft</i>	Elizabeth Wilson	General Craft Group	Moraira	On Hold
<i>Creative Photography</i>	Don Roberts	Composition, editing, printing, mounting and framing	Benitachell	Once a month Tuesday 3:00-5:00 p.m.
<i>Creative Writing</i>	Shirley Giles	Members bring their writings for criticism and help	Moraira	Alternate Mondays at 3:00 p.m.
<i>Cribbage</i>	Colin Turner		Bar Med Teulada	Wednesday 7:00-10:30 p.m.
<i>Debating</i>	Geoffrey Shean	The object of the group will be to meet once a month and debate a subject chosen the previous month	Moraira area	2nd Wednesday of every month 3:00 p.m.
<i>Dining Out</i>	New Leaders required	The group will enable members to sample different cuisines and restaurants in the area	Moraira area.	Twice a month Tuesday evening
<i>Dog Training</i>	Avril Benn	Various classes to be enjoyed by both owners and their dogs in a fun and friendly environment	Villotel Urbanization on the Moraira to Benitachell road. Contact Avril for further details	Tuesdays at 6:00 p.m.
<i>Drama Group</i>	Anne Cattle		Salón de Actors, Espai La Senieta, Moraira	1 st and 3 rd Tuesdays of the month 11:00 a.m.-1:30 p.m. following by lunch (if you wish)
<i>English Grammar for confused students of Spanish</i>	Richard Perry	6 week course		Monday a.m. New course to commence shortly. Please register your interest with Group Leader.
<i>Film Group</i>	Philip Chaney	English Language films	Espai La Senieta, Moraira	2 nd Monday of the month 5:45 p.m. for 6:00 p.m.

<i>Fishing, Freshwater</i>	Michael Wilson	Organised freshwater fishing expeditions	Regional	Every other Thursday
<i>Five a Side Football</i>	Colin Brady	Fun Five a Side Football	Sol Park Tennis Club	1 st and 3 rd Tuesdays of the month 2:00 p.m.
<i>Flower Arranging</i>	Tina Wallis	Practical flower arranging	Moraira	Every other Tuesday
<i>Friends of Avinença</i>	Paul and Pat Pruden	To gain entry to many aspects of local history and activities that otherwise would be difficult to access	Various	To be announced
<i>Golden Oldies Musicians Group</i>	John Hopwood	A mixed music group for anyone who would like to play any type of music	Tropicana Bar, Calle Viejo del Portet, Moraira	Every Tuesday 11:00 a.m.
<i>Golf</i>	Geoff and Rona Hurst	A golf group of experienced players	Benidorm	Monthly Mondays
<i>Healthy Walking</i>	Rona Hurst	One hour walks	Various	One week Tuesday, one week Thursday 9:00 a.m.
<i>History</i>	Cedomir Panajotovic and Brian Nicholls	A wide range of lectures	Espai La Senieta	Last Monday in the month at 10:30 a.m.
<i>Kayaking</i>	Robert McLean	Instruction and fun on Kayak	Las Bassette	To be announced
<i>Keep Fit</i>	Mandy Fatek	1 hour of keep fit including a warm up, lots of stretching and toning, aerobic work and floor exercises	Pensionisters Club, Benitachell	Weekly Wednesday a.m.
<i>Knit and Natter</i>	Sue Bradley	Knitting baby clothes to give to local charities and beanies, scarves & gloves for Troops in Afghanistan		Fortnightly Alternate Tuesdays 2:30-4:30 p.m.

<i>Mah-Jong</i>	David Goodall and Pam Millburn	The basics are easily learnt in the first session	Restaurante Shanghai on the Moraira to Calpe road on the left just past Mas-y-Mas	Weekly Thursday 2:00-4:00 p.m.
<i>Padel Tennis</i>	Richard Perry		Teulada	Thursdays 4:00 p.m.
<i>Painting</i>	New Art teacher required			On Hold
<i>Patchwork</i>	Yvonne Romain		Benitachell	Mondays and Wednesdays 3:00-6:00 p.m.
<i>Petanque</i>	Andy Keen		Purpose built rinks at Cumbre del Sol	Weekly Wednesday a.m.
<i>Petanque 2</i>	Doug Swindell		Purpose built rinks at Cumbre del Sol	Weekly Thursday a.m.
<i>Petanque 3</i>	Bob Whittle and Margaret Williamson		Brevis Bar, Sol Park	Weekly Thursday 10:00 a.m.
<i>Petanque 4</i>	John Manley		Brevis Bar, Sol Park	Weekly Thursday p.m.
<i>Petanque 5</i>	John Manley		Brevis Bar, Sol Park	Weekly Saturday a.m.
<i>Photography</i>	Regina Mueller	We decide what topic we will work on and we will not compete for 'best picture'. Instead, we will try to improve our own skills and have fun together	Various	Changeable monthly
<i>Understanding Psychotherapy</i>	Mike Lawson	6 to 8 talks about psychotherapy – its theory and its practice. To get a fair understanding of how psychotherapy works.	Moraira	New course to commence shortly. Please register your interest with Group Leader.
<i>Quiz Group</i>	Helen and Les Coughtrey	Fun Quiz	Los Leones, Sol Park, Moraira	Twice a month Thursday 4:00 p.m.

<i>Reading Group</i>	Gaby Mauger	To explore all types of literature, to read those books you might not normally choose	Moraira area. Contact Leader for details	Monthly Friday p.m.
<i>Rummikub</i>	Angela Pulford	Rummikub is a game for 2-4 players. Each week players on each table will be drawn randomly	Jacaranda Restaurant, Moraira	Weekly Wednesday 4:00-6:00 p.m.
<i>Sailing Group</i>	Richard Jones	To meet up and discuss sailing with the possibility of arranging lessons and sailing	Espai La Senieta, Moraira	Monthly Tuesday 4:00 p.m. plus sailing days
<i>Singles Dining Out</i>	Norman Peterken	Dining out for singles		Twice a month Saturday evening
<i>Spanish Groups Co-ordinator</i>	Linda West	To join various groups	Moraira	See Schedule for 2011/2012.
<i>Spanish Conversation – Beginners</i>	Pauline McGough	No books, no grammar, just talk	Teulada	Wednesday and Friday mornings
<i>Spanish Conversation – Intermediate</i>	Sheila Shipsides		Bar El Andaluz, Moraira	Saturday 10:30 a.m. - noon
<i>Square Dancing</i>	Janet and Trevor Neale	Have fun and learn square dancing	Benitachell	Weekly Wednesday 4:45 p.m.
<i>Sunday Lunch Solo Group</i>	Audrey Germann	Dining out for singles	Local area	Twice a month 1:00 for 1:30 p.m.
<i>Table Tennis</i>	Janet Dane	All levels	Los Leones, Sol Park	Weekly Thursday 4:00-6:00 p.m.
<i>Wine Tasting</i>	Peter Romain	Alternative wine appreciation. A chance to taste good low priced wines	Benitachell	2 nd Wednesday of the month
<i>Yoga</i>	Louise Ambler	Hatha Yoga	Pueblo Alcasar Benitachell	September-May Thursdays 10:00-11:15 a.m. Please register your interest with Group Leader
<i>Zumba</i>	Sandy Bianco	Zumba dance exercise	Teulada	Weekly Monday 3:45 p.m.

CALENDAR OF GROUPS

DAY	A.M.	P.M.
MONDAY	<i>Art History Classical Music Computing – Intermediate English Grammar for confused students of Spanish History Golf</i>	<i>Bowls Cookery Demonstration Creative Writing Film group Patchwork Zumba</i>
TUESDAY	<i>Computing - Beginners Drama group Golden Oldies Musicians Group Healthy Walking</i>	<i>Card making/Scrapbooking Creative Photography Dining out (evening) Dog Training Five-a-Side Football Flower arranging Knit and Natter Sailing group</i>
WEDNESDAY	<i>Choir Keep Fit Painting (on Hold at present) Petanque Spanish Conversation for Beginners</i>	<i>Alternative Wine Appreciation Badminton Bowls Cribbage (evening) Debating Patchwork Rummikub Square Dancing</i>
THURSDAY	<i>Chess group Fishing, freshwater Healthy Walking Painting Petanque 2 Petanque 3 Yoga</i>	<i>Craft group (on Hold at present) Mah-Jong Padel Tennis Petanque 4 Quiz group Table Tennis</i>
FRIDAY	<i>Spanish Conversation for Beginners</i>	<i>Bridge Reading group Skittles for the family</i>
SATURDAY	<i>Petanque 5 Spanish Conversation – Intermediate/Advanced</i>	<i>Singles Dining Out (evening)</i>
SUNDAY		<i>Sunday Lunch Solo group</i>
VARIOUS	<i>Friends of Avinença Photographic group</i>	
TO BE ANNOUNCED	<i>Kayaking Understanding Psychotherapy</i>	

CIRCULATION OF NEWSLETTERS

You can read and/or print off copies of the U3A Teulada/Moraira newsletters. The small file version is intended for members who have dial-up modems and long download times. This version contains basically just the text content of the newsletters. The other version is for members with a broadband internet connection. It contains photographs, illustrations etc. that make the Newsletter more attractive to read.

Contributors - please note that all items that you wish to be included in the newsletter must be with the Editor by the middle of the third week of each month. Photos are welcome.

This newsletter is posted on the U3A website and, to protect privacy, no email addresses or telephone numbers are shown without the owner's specific permission. Go to the website for emailing instructions.

DISCOUNTS

In order to reduce the size of the Newsletter, the details of U3A discounts will now only be included in the copies which are printed for non computer owners. For computer owners details of discounts are given on the website www.u3amoraira-teulada.org