

# **U3A Moraira-Teulada**

[www.u3amoraira-teulada.org](http://www.u3amoraira-teulada.org)

## **NEWSLETTER Number 38 February 2012**

### ***Message from the President***

Hello again everyone,

I've come in from the amazing sunshine to write my bit for the Newsletter, and the little thermometer we have on the terrace tells me it's 25 degrees out there! Of course, the nights and mornings are still cold, but we have lots of flowers all ready to open, especially my favourites, freesias. We lived in Scotland for 19 years, and the thought of freesias flowering at this time of the year was, of course, non-existent, although the snowdrops and crocus did their best!

Al and I went to the Epiphany Concert in the Auditorium on the 6<sup>th</sup>, and goodness what a wonderful evening it was. I won the tickets in a competition to name the capital of Austria, and I can only assume that everyone else was too busy to enter, as I won! I'm afraid Al wasn't keen, he simply doesn't enjoy live theatre or musicals, but I persuaded him to come with me. He said afterwards that it "wasn't as bad as he had expected it to be", which is praise indeed from him. The music was mostly Viennese waltzes and the Orchestra, who have only been together for a year, were clearly enjoying it as much as the audience. I saw a number of you there, and hope you enjoyed it as much as we did. Interestingly, in a theatre which seats 680, I could see very few empty seats.

You may recall that last month I asked anyone with spare wool to donate it to the very busy Knit and Natter Group - this month it's buttons! They have knitted so many garments that they have run out of them, which is wonderful of course, but costly for the members. Like many ladies, I have a big button tin, made up of all sorts of buttons, in all sorts of colours. I've had a good sort out and will be giving Maureen a heavy little bag at the next meeting; it would be wonderful if some of you could do the same please. It's also reminded me that I will be going through any clothes I throw away in future to harvest the buttons on there as well!

We are so lucky to have the U3A, we are even luckier to have such a diverse selection of Groups and trips on offer, thanks entirely to the willingness of Members to come forward and share their skills, information and knowledge. The variety of groups and Travel Trips on offer is what makes our U3A special and also, without the "helpers" at meetings, we wouldn't exist. That's one of the reasons the Committee voted unanimously to thank all of the Group Leaders and the people who help at meetings by treating them to a meal at the Happy Garden. This was held on Tuesday 24<sup>th</sup> and was a great success. Group Leaders, helpers, and their partners all enjoyed a lovely meal, and the varied music of Barry Peters, and the atmosphere was super. In his thank you note to Shirley, Barry kindly said "the audience were simply wonderful and I really enjoyed myself as well ... there was a real party atmosphere".

I told you last month that we would be taking votes on the start times of the General Meetings. We had intended to take votes during both the January and February meetings, but the January meeting was overwhelmingly in favour of the meetings going back to starting at 10:30, so that's what will

happen, BUT NOT UNTIL THE MARCH MEETING. The meeting next week will begin at 11:00. There will not be a speaker, there will instead be the opportunity to renew your membership and see what is on offer in the Travel Groups trips, as well as seeing the various Group Leaders.

I have little else to say this month. I went to my cookery group, quiz and craft groups, and enjoyed them all very much. We learned to decorate pebbles at the craft group and you need to take it from me that painting a large smooth pebble, cutting up a paper serviette with a flower on it, and gluing it on to the pebble is VERY relaxing and, more to the point, has stopped my reja banging and annoying my neighbour!

I hope to see you at the February meeting,

Regards

Ann

### **NOTICE**

#### **CAN YOU HELP US TO HELP OTHERS!?**

More volunteers are needed to visit the English residents of the Residencia located in iMed in Teulada. This is done under the auspices of the HELP organization, but the U3A has provided most of the volunteers so far.

We meet on Tuesdays and Thursdays from 11:00 a.m. to 12:30 p.m., but you would only be needed once every three or four weeks on either a Tuesday OR a Thursday. All that is required is to meet the Residents in the residential cafe and chat with them; it can be very rewarding, and it helps them feel less lonely.

For more information please call Pamela on 966 497 098, or Gerri on 965 748 787

Thank you.

### ***Moraira-Teulada U3A Committee members***

<b><i>President:</i></b>	Ann Colclough Tel: 965 747 343	<b><i>Membership Secretary:</i></b>	Sue Popkin
<b><i>Vice President:</i></b>	Pamela Kershaw	<b><i>Deputy Membership Secretary:</i></b>	Sue Suri
<b><i>Secretary:</i></b>	Margaret Roberts	<b><i>Group Coordinator:</i></b>	Shirley Baehr Tel: 966 495 633
<b><i>Deputy Secretary:</i></b>	Linda West	<b><i>New Members Liaison:</i></b>	Don Roberts
<b><i>Treasurer:</i></b>	Jill Cole	<b><i>Website Liaison:</i></b>	Margaret Williamson
<b><i>Deputy Treasurer:</i></b>	Janet Coleman	<b><i>Speakers List Coordinator:</i></b>	Sue Suri
<b><i>Travel Group Coordinator</i></b>	Carol Mantle		



## Next General U3A meeting

This will be on Monday 6<sup>th</sup> February 2012  
at the Salon de Banquetes, Avenida del Mediterráneo, Teulada  
at 11:00 a.m.

**FROM MARCH 5<sup>TH</sup> MEETINGS WILL START AT 10:30 am**  
**Doors open to members at 09:30 a.m.**

## Membership Renewals 2012

If you have not already done so, you still have the following two opportunities to renew your membership for 2012. If you cannot attend in person, then please arrange for a friend/neighbour to bring your existing membership card and subscriptions and they can do it for you on your behalf. The membership subscription fee for 2012 will be **€10 per person**. If you are aware of friends/neighbours who are members but do not have a computer, would you please pass this information on to them.

*Please ensure that you renew your membership as soon as possible in order to avoid disappointment at not being allowed to continue with your chosen group. Group leaders will be asked to check membership cards on commencement of their Groups.*

Date	Venue	Time
Monday, 6 <sup>th</sup> February	Salon de Banquettes, Teulada	9:30 a.m. – 10:45 a.m. The meeting will commence promptly at 11:00 a.m.
Wednesday, 22 <sup>nd</sup> February	Espai la Senieta, Moraira in one of the upstairs rooms	10:00 a.m. – 12:30 p.m.

## Group News

### • *Alternative Wine Group*

Taste 6 wines at up to €4 a bottle in a friendly atmosphere at the MAPA club in Benitachell on February 8<sup>th</sup>, subject to places being available. Send an email to [ugawine@hotmail.com](mailto:ugawine@hotmail.com) giving the names of those wanting to come along and your telephone number (then you will get future emails for this group). You bring your own nibbles and wine glasses; we provide wine, water and water glasses; a donation of around €3 to come along. Doors open at 4:30, we start at 5:00 p.m. and finish at 7:00 p.m. We have a limit of 80 places and seats are given strictly in order of emails coming in. Places are allocated from the reserve list when cancellations come in, and that could be up to midday on the day, hence the need for phone numbers. Cheers from Peter Romain.

## • **Backgammon – New Group**

If you are interested in playing backgammon on a regular basis I am keen to arrange this for U3A members.

In the early 70's I worked in a major London casino and, as a "behind the scenes" worker, helped to organise what was, at the time, the biggest backgammon tournament in the world for professional players (yes, there were and may still be professional players). I knew absolutely nothing about the game and had never seen it before. However, the unique nature of the game fascinated me as I had never, and still have never, seen a dice game that involves skill. I learned to play by watching the professionals and have been hooked ever since.

Whatever level you play at from novices to experts, I would be happy to organise leagues and tournaments. Also, if you are an absolute beginner, have hidden away somewhere one of those funny boards with 24 triangular points and never quite known what to do with it, I'd be more than happy to teach you.

The rules of the game are extremely simple (it's a bit like up-market Ludo) and once you know the basics, you will quickly learn to form your own style and tactics.

Backgammon is both fun and sociable and I would be delighted to have members join me in playing. You too could be hooked, if you're not already.

Please register your interest and I will contact you with further details.

Wednesdays 3:00 – 5:00 p.m. Local venue

Barry Jacobs 966 494 235 or 661 541 275  
Email [b.jacobs@telefonica.net](mailto:b.jacobs@telefonica.net)

## • **Computer Group**

**Computing** at Peter's house (close to Mercadona/Aldi between Moraira and Benitachell):

Tuesday Beginners - each week, from 10:00 a.m. to 12:00 midday; and a second group from 1:00 to 3:00 p.m.

Monday More advanced from 10:00 a.m. to 12 midday, *but not the first Monday of the month.*

**New - Kindle Klub** – Fridays from 9:30 to 11:30 a.m. to explore features, maybe sharing e-books, using Calibre software. If you want to learn a bit more, this may be for you. This will be for 2 or 3 Fridays only when there are 4 people.

Please email me on [promain@virginmedia.com](mailto:promain@virginmedia.com) with your name, a landline number and what you are interested in doing. Only if you cannot email, ring me to give me information on 96 649 5139, please make sure you speak to me, don't rely on the answer machine, thank you.

- ***Darts – New Group***

The venue is The Sports Bar near The Gemesant Restaurant in Moraira.  
Fridays 7:30 p.m. Just a fun social evening playing darts or pool. A lovely way to meet and make friends.

For more information please contact:  
Len Beisser 636 370 085 or June on 966 492 228  
Email: [Juneinmoraira@gmail.com](mailto:Juneinmoraira@gmail.com)

- ***Flower Arranging***

This group will be joining in with Calpe U3A.  
The group will use the Bolero Restaurant as a venue. The use of El Bolero is on the understanding that we all buy drinks/coffee/water etc from the bar.  
Arrive 1:45 p.m. for coffee. Start 2:00 p.m. – 4:00 p.m. finish.  
We will meet every other Thursday.  
Contact Tina Wallis [group-flower-arranging@u3amoraira-teulada.org](mailto:group-flower-arranging@u3amoraira-teulada.org)

- ***History & Art History***

**HISTORY: Monday, 27th February** - The talk is 'The Infanta, The Prince and Two Thrones' 15th century Spanish History by Dee Craig.

**ART HISTORY: Monday, 13th February** - The talk is 'History's forgotten female artists' by Angela Chantry.

*All talks start at 10.30 in the Espai la Senieta Lecture Theatre. All members are welcome, no need to sign up for either group.*

- ***Spanish Classes***

For all our Spanish Classes it is essential that you register as follows:

For classes with Pauline, please email: [paulinemcgough@gmail.com](mailto:paulinemcgough@gmail.com)

For classes with Carmen and Laura, please email Linda West at [westlj32@gmail.com](mailto:westlj32@gmail.com)

***Teachers are unable to accommodate members who just turn up without checking availability first.***

## **GROUP DETAILS**

<b>Group</b>	<b>Group Leader(s)</b>	<b>Proposal</b>	<b>Dates/ Location/ Venue</b>	<b>Frequency</b>
<i>Art History</i>	Brian Nicholls & Cedomir Panajotovic	A wide variety of art, artists and art movements will be visually presented	Salón de Actos, Espai La Senieta, Moraira	2 <sup>nd</sup> Monday of the month at 10:30 a.m.
<i>Aromatherapy Workshop</i>	Valerie Mills	A brief history and demonstration	Moraira	Once a month 3:00-5:00 p.m.
<i>Backgammon</i>	Barry Jacobs	For all levels	Local venue	Wednesdays 3:00 – 5:00 p.m.
<i>Badminton</i>	Rose Avila	For all levels	Benissa Sports Hall Palau Sant Pere	Wednesdays 2:15-4:15 p.m.
<i>Bowls</i>	Don Roberts	Green Bowls	The Inn on the Green, Javea	Weekly Monday and Wednesday p.m.
<i>Bridge, Social</i>	Sybille Ross	Friendly Bridge. No partner needed. We play Acol.	Bar of Restaurant, Los Leones, Moraira	Weekly Friday 2:30-5:00 p.m.
<i>Chess</i>	Ed Morley	Social Chess	Espai La Senieta	Every other Thursday 10:30 a.m.-12:30 p.m.
<i>Choir</i>	Ann Johnson		Ermita San Jose	<b>On Hold</b>
<i>Classical Music Appreciation</i>	Geoffrey Shean	Appreciation of Classical Music	Moraira Yacht Club	Last Monday of the month 10:30 a.m.
<i>Computing – Beginners</i>	Peter Romain	Practical help with computing	Benitachell	Weekly – Tuesdays 2 classes 10:00 a.m. & 1:00 p.m.
<i>Computing - Intermediate</i>	Peter Romain	Practical help and training with computing	Benitachell	2 <sup>nd</sup> , 3 <sup>rd</sup> and 4 <sup>th</sup> Mondays of the month 10:00 a.m.
<i>Cookery Demonstration and Workshop</i>	Eileen Haxon	Themed cookery demonstration and tastings	Moraira	Once a month for 2 groups Monday p.m.
<i>Craft</i>	Elizabeth Wilson	General Craft Group	Moraira	Fortnightly Thursdays 3:00 p.m.
<i>Creative Photography</i>	Don Roberts	Composition, editing, printing, mounting and framing	Benitachell	Once a month Tuesday 3:00-5:00 p.m.
<i>Creative Writing</i>	Shirley Giles	Members bring their writings for criticism and help	Moraira	Alternate Mondays at 3:00 p.m.
<i>Cribbage</i>	Colin Turner		Bar Med Teulada	Wednesday 7:00-10:30 p.m.

<i>Darts</i>	Len Beisser	A fun social evening playing darts or pool	The Sports Bar near the Gemesant restaurant Moraira	Fridays 7:30 p.m.
<i>Debating</i>	Geoffrey Shean	The object of the group will be to meet once a month and debate a subject chosen the previous month	Moraira area	2nd Wednesday of every month 3:00 p.m.
<i>Dining Out</i>	David and Eileen Haxon	The group will enable members to sample different cuisines and restaurants in the area	Moraira/Teulada area	Twice a month Tuesday evening
<i>Dog Training</i>	Avril Benn	Various classes to be enjoyed by both owners and their dogs in a fun and friendly environment	Villotel Urbanization on the Moraira to Benitachell road. Contact Avril for further details	Tuesdays 4:00 p.m. (Beginners)  4:45 p.m. (Improvers)
<i>Drama Group</i>	Anne Cattle		Salón de Actos, Espai La Senieta, Moraira	1 <sup>st</sup> and 3 <sup>rd</sup> Tuesdays of the month 11:00 a.m.-1:30 p.m. followed by lunch (if you wish)
<i>Film Group</i>	Philip Chaney	English Language films	Salón de Actos, Espai La Senieta, Moraira	2 <sup>nd</sup> Monday of the month 6:15 p.m. for 6:30 p.m.
<i>Five a Side Football</i>	Colin Brady	Fun Five a Side Football	Sol Park Tennis Club	1 <sup>st</sup> and 3 <sup>rd</sup> Tuesdays of the month at 2:00 pm
<i>Flower Arranging</i>	Tina Wallis	Practical flower arranging	El Bolero Restaurant, Calpe	Every other Thursday Meet 1:45 p.m. for a 2:00 p.m. start
<i>Fishing</i>	Graham Foot	Freshwater fishing expeditions	Regional	Every other Thursday
<i>Friends of Avinença</i>	Paul and Pat Pruden	To gain entry to many aspects of local history and activities that otherwise would be difficult to access	Various	To be announced
<i>Golden Oldies Musicians Group</i>	John Hopwood	A mixed music group for anyone who would like to play any type of music	Tropicana Bar, Calle Viejo del Portet, Moraira	Every Tuesday 11:00 a.m.

<i>Golf</i>	Geoff and Rona Hurst	A golf group of experienced players	Benidorm	Monthly Mondays
<i>Healthy Walking</i>	Rona Hurst	One hour walks	Various	One week Tuesday, one week Thursday 10:00 a.m.
<i>History</i>	Cedomir Panajotovic & Brian Nicholls	A wide range of lectures	Salón de Actos, Espai La Senieta	Last Monday in the month at 10:30 a.m.
<i>Kayaking</i>	Robert McLean	Instruction and fun on Kayak	Las Bassette	<b>On Hold until May 2012</b>
<i>Kindle Klub</i>	Peter Romain	To explore features & share ebooks	Benitachell	Fridays 9:30 – 11:30 a.m.
<i>Knit and Natter</i>	Sue Bradley/ Maureen Burrows	Knitting baby clothes to give to local charities and beanies, scarves & gloves for Troops in Afghanistan		Fortnightly Alternate Tuesdays 2:30-4:30 p.m.
<i>Mah-Jong</i>	David Goodall and Pam Millburn	The basics are easily learnt in the first session	Restaurante Shanghai on the Moraira to Calpe road on the left just past Mas-y-Mas	Weekly Thursday 2:00-4:00 p.m.
<i>Padel Tennis</i>	Michael Cain		Teulada	Thursdays 4:00 p.m.
<i>Painting</i>	Stella Maarsman	Oils, pastels and watercolour	Moraira area	Wednesdays 10:00-12:00 noon
<i>Patchwork</i>	Yvonne Romain		Benitachell	Mondays and Wednesdays 3:00-6:00 p.m.
<i>Petanque</i>	Andy Keen		Purpose built rinks at Cumbre del Sol	Weekly Wednesday a.m.
<i>Petanque 2</i>	Pamela Powell		Purpose built rinks at Cumbre del Sol	Weekly Thursday a.m.
<i>Petanque 3</i>	Douglas Evans		Brevis Bar, Sol Park	Weekly Thursday 10:00 a.m.
<i>Petanque 4</i>	John Manley		Brevis Bar, Sol Park	Weekly Thursday p.m.
<i>Petanque 5</i>	John Manley		Brevis Bar, Sol Park	Weekly Saturday a.m.
<i>Photography</i>	Trevor Kemp	We decide what topic we will work on and we will not compete for 'best picture'. Instead, we will try to improve our own skills and have fun together	Various	Changeable monthly

<i>Understanding Psychotherapy</i>	Mike Lawson	6 to 8 talks about psychotherapy – its theory and its practice. To get a fair understanding of how psychotherapy works.	Moraira	Please check group page on the website and/or contact Mike for further information
<i>Quiz Group</i>	Helen and Les Coughtrey	Fun Quiz	Los Leones, Sol Park	Twice a month Thursday 4:00 p.m.
<i>Reading Group</i>	Gaby Mauger	To explore all types of literature, to read those books you might not normally choose	Moraira area. Contact Leader for details	Monthly Friday p.m.
<i>Rummikub</i>	Angela Pulford	Rummikub is a game for 2-4 players. Each week players on each table will be drawn randomly	Shanghai Chinese Restaurant on the Moraira to Calpe road on the left just past Mas-y-Mas	Weekly Wednesday 2:00-4:00 p.m.
<i>Sailing Group</i>	Richard Jones	To meet up and discuss sailing with the possibility of arranging lessons and sailing	Espai La Senieta, Moraira	Monthly Tuesday 4:00 p.m. plus sailing days
<i>Singles Dining Out</i>	Norman Peterken	Dining out for singles		Twice a month Saturday evening
<i>Spanish Groups Co-ordinator</i>	Linda West	To join various groups	Moraira	See Schedule for 2011/2012.
<i>Spanish Conversation – Beginners</i>	Pauline McGough	No books, no grammar, just talk	Teulada	Wednesday, Thursday and Friday mornings
<i>Spanish Conversation – Intermediate</i>	Sheila Shippides	Coffee morning with a difference	Bar El Andaluz, Moraira	Weekly Saturday 11:00 a.m.
<i>Square Dancing</i>	Janet and Trevor Neale	Have fun and learn square dancing	Benitachell	Weekly Thursday 5:00-7:00 p.m.
<i>Sunday Lunch Solo Group</i>	Audrey Germann	Dining out for singles	Local area	Twice a month 1:00 for 1:30 p.m.
<i>Table Tennis</i>	Janet Dane	All levels	Los Leones, Sol Park	Weekly Thursday 3:00-5:00 p.m.
<i>Wine Tasting</i>	Peter Romain	Alternative wine appreciation. A chance to taste good low priced wines	MAPA Club Benitachell	2 <sup>nd</sup> Wednesday of the month 5:00-7:00 p.m. Doors open at 4:30 pm

<i>Yoga</i>	Stella Maarsman	Hatha Yoga	Moraira area	Thursdays 10:00 a.m.
<i>Zumba</i>	Sandy Bianco	Zumba dance exercise	Teulada	Weekly Monday 3:45 p.m.

## **CALENDAR OF GROUPS**

<b>DAY</b>	<b>A.M.</b>	<b>P.M.</b>
<b>MONDAY</b>	<i>Art History Classical Music Computing – Intermediate History Golf</i>	<i>Bowls Cookery Demonstration Creative Writing Film group Patchwork Zumba</i>
<b>TUESDAY</b>	<i>Computing - Beginners Drama group Golden Oldies Musicians Group Healthy Walking</i>	<i>Computing - Beginners Creative Photography Dining out (evening) Dog Training Five-a-Side Football Knit and Natter Sailing group</i>
<b>WEDNESDAY</b>	<i>Painting Petanque Spanish Conversation for Beginners</i>	<i>Alternative Wine Appreciation Backgammon Badminton Bowls Cribbage (evening) Debating Patchwork Rummikub</i>
<b>THURSDAY</b>	<i>Chess group Freshwater Fishing Healthy Walking Petanque 2 Petanque 3 Spanish Conversation for Beginners Yoga</i>	<i>Craft Flower Arranging Mah-Jong Padel Tennis Petanque 4 Quiz group Square Dancing Table Tennis</i>
<b>FRIDAY</b>	<i>Spanish Conversation for Beginners Kindle Klub</i>	<i>Bridge Darts (evening) Reading group</i>
<b>SATURDAY</b>	<i>Petanque 5 Spanish Conversation – Intermediate/Advanced</i>	<i>Singles Dining Out (evening)</i>
<b>SUNDAY</b>		<i>Sunday Lunch Solo group</i>

<b>VARIOUS</b>	<i>Friends of Avinença Photographic group</i>	
<b>TO BE ANNOUNCED</b>	<i>Understanding Psychotherapy</i>	

## ***CIRCULATION OF NEWSLETTERS***

*You can read and/or print off copies of the U3A Teulada/Moraira newsletters. The small file version is intended for members who have dial-up modems and long download times. This version contains basically just the text content of the newsletters. The other version is for members with a broadband internet connection. It contains photographs, illustrations etc. that make the Newsletter more attractive to read.*

*Contributors - please note that all items that you wish to be included in the newsletter must be with the Editor by the middle of the third week of each month. Photos are welcome.*

*This newsletter is posted on the U3A website and, to protect privacy, no email addresses or telephone numbers are shown without the owner's specific permission. Go to the website for emailing instructions.*

## ***DISCOUNTS***

In order to reduce the size of the Newsletter, the details of U3A discounts will now only be included in the copies which are printed for non computer owners. For computer owners details of discounts are given on the website [www.u3amoraira-teulada.org](http://www.u3amoraira-teulada.org)