

U3A Moraira-Teulada

www.u3amoraira-teulada.org

NEWSLETTER Number 47

December 2012

Message from the Secretary

Hello everyone

Hope you've had a good month and not had too many water leaks! What terrible weather we have been having. I know we need the rain, but do we have to have it all during one day of the year?

I am writing the message again on behalf of Ann, as she is still in hospital. Unfortunately, we still don't know when she will be out, but I know you will all join me in wishing her well. Ann is unable to have visitors and although messages are being read and listened to by her husband, he is not replying to them as there are so many. If you want to send a message, please send it via the Membership Secretary, Sue Popkin, and she will collate them all and will pass them on to Ann when she is able to receive them.

Arrangements are well under way for the U3A Christmas Party. We managed to sell all the tickets and I am really looking forward to going, but also I'll be glad when all the preparation is over; it causes a lot of work for the Committee.

I hope you are all managing to find chemists that are open. The one at Sol Park puts a notice on the door as to the next day that they will be open, and our medical centre in Benitachell has a list on the wall of which chemist is open on which day for the whole week, so presumably other practices are doing the same.

Well Christmas is fast approaching now and I expect you are all preparing for it, some to go away, or to have the family and friends visit, as we have this year. We have been back to the UK for the last three Christmases, but this year our family is coming here. Don and I are looking forward to having a glass of Cava and meeting up with friends on Christmas morning at El Portet. Let's hope for some sunshine.

For those of you who enjoy puzzles, our Newsletter Editor, Pat Montgomery, has included a special 'Christmas Word Search' on Page 5 of this Newsletter.

Don't forget that the AGM is being held on 3rd December when the new Committee for 2013 will be elected. After the elections, as it's the Meeting nearest to Christmas, the Golden Oldies have agreed to perform a few lively numbers for us. We all hope to see you there, but if you are unable to come, have a very happy Christmas and a healthy and prosperous New Year. Travel safely and keep warm.

Regards

Margaret Roberts

Moraira-Teulada U3A Committee members

<i>President</i>	Ann Colclough Tel. 965 747 343
<i>Vice President</i>	<i>Due to the sad and unexpected death of Pamela, we are currently without a Vice President</i>
<i>Secretary</i>	Margaret Roberts
<i>Deputy Secretary</i>	Linda West
<i>Membership Secretary</i>	Sue Popkin
<i>Deputy Membership Secretary</i>	Sue Suri
<i>Treasurer</i>	Jill Cole
<i>Deputy Treasurer</i>	Janet Coleman
<i>Group Coordinator</i>	Shirley Baehr Tel. 966 495 633
<i>Travel Group Coordinator</i>	Carole Mantle
<i>New Members Liaison</i>	Don Roberts
<i>Website Liaison</i>	Margaret Williamson
<i>Speakers List Coordinator</i>	Sue Suri



Next U3A meeting

The **Annual General Meeting** will be on Monday 3rd December 2012
at the Salon de Banquetes, Avenida del Mediterráneo, Teulada
at 10:30 a.m.

Doors open to members at 09:30 a.m.

Group News

Art and History Programme

Art History Talk

Monday 10th December 2012 at 10:30 a.m. at La Senieta Theatre, Moraira

Sicilian Pilgrimage - Presented by Fabio Bezoari

A film and lecture on the 3,000 years of history of his native Sicily. This will cover both the colourful art and culture of the island as well as the often turbulent political scene.

There is illustrated detail on the above talk on the U3a website

<http://www.u3amoraira-teulada.org/groups/history-art-programme.pdf>

Drama Group

The Teulada Moraira U3A Drama Group has created a theatrical journey through the first half of the 20th Century entitled 'Letters in Time' which was performed at La Senieta on the 20th November.

We open with the death of Queen Victoria, and travel through time, via letters and scenes as diverse as the discovery of penicillin, the horrors of two world wars, along with the Land Army girls and Dad's Army. All events would have so easily happened to real people at that time in history. We say farewell with the Coronation of Queen Elizabeth II and the celebration of her Diamond Jubilee.

The play was written by six members of the Drama Group and the Creative Writing Group. We created lighting, sound and music effects along with slide images, with the help of the Photographic Group – a truly U3A collaboration.

Our performance of this piece has been so well received that we are planning on repeating it sometime at the end of January. Keep an eye on the newsletters for further information.

Thank you for your support.

Ros Bolsover
Producer and Director

Film Group

The aim of the Film Group is to show English language films to members of the Teulada-Moraira U3A, on a monthly basis (usually, the second Monday of each month at a start time of 6:30 p.m.) in Espai la Senieta, Moraira - Salón de Actos, during the winter season (October 2012 – May 2013). Films will be chosen by members of the group from own stock and by purchase, and titles will reflect entertainment value, special interest and awards given.

Doors open at 6.15 p.m. for a 6.30 p.m. start. The early timing of 6.30 p.m. is not only so as to be able to watch longer films within the opening hours of Espai La Senieta, but also to allow time for those members who wish to dine out at a restaurant afterwards.

Next film - Monday 10th December

'The Way' starring Martin Sheen. You may not have heard of this exceptional film as its distribution was somewhat understated, and the DVD has only just been released - 2 years after the film. However, if you have always wondered about the Camino de Santiago (The Way of Saint James) from France to Santiago, then here is your chance to travel it - without the boots and rucksack!

More details of this film with illustration, a review, and a link to the trailer can be found on the U3A website <http://www.u3amoraira-teulada.org/groups/film.html>

Message from Groups Coordinator

I am always looking to start up new groups. Let me have your ideas and I will try and get a group or workshop together or, better still, could you run a group? I will give you lots of help.

Members have expressed an interest in Cycling and some form of Easy Exercise, so I am looking for Group Leaders to set up and run these new activities.

New members are needed to play Backgammon so if you are interested in joining this group, please email the Group Leader Barry Jacobs group-backgammon@u3amoraira-teulada.org or call Barry on 661 541 275

Backgammon is played on Wednesdays 3:00 – 5:00 p.m. at Sol Park.

Shirley Baehr, Groups Coordinator Email: sbaehr1951@aol.com

Christmas Word Search

The following 35 words relating to Christmas have all been hidden in the diagram. Can you find them all? They have been printed across (backwards or forwards) or up and down or diagonally, but always in a straight line. Have fun!

Advent
Angels
Cake
Candles
Carols
Cava
Christmas

Crackers
December
Decorations
Fiesta
Gifts
Grapes
Holly

Kings
Marzipan
Mistletoe
Nativity
Navidad
Nochebuena
Pantomime

Poinsettia
Polverones
Presents
Pudding
Reindeer
Santa
Shepherds

Sleigh
Snow
Stocking
Tree
Turkey
Turrón
Yule

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P K H D E U N C A P C E K A C Q B C
U I G E J L Q Ó O N A A J W B F S R
D N I C W J U I R V E W R Q U L D A
D G E O M S N Y A R V U W O T P Z C
I S L R Z S U C P H U S B Z L N E K
N G S A E M I S T L E T O E A S M E
G Z N T S E N O R E V L O P H S I R
F F T I W H Z D Y N Y G I V A C M S
P I J O K H E M E L A Z I M K S O G
A E S N Y C F P L B R V T F L N T N
B S Y S E Y O O H A I S I E T T N V
K T P M K T H T M E I R G D R S A B
C A B N R I Z F S R R N N E A W P W
O E B R U V M N H O A D E B C D W O
R N L I T I E C S T N E S E R P R N
A D V E N T R E I N D E E R A Q B S
S E L D N A C S E P A R G S A N T A
T X Y P A N P S F Y Z I M E L Q P T
  
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GROUP DETAILS

Group	Group Leader(s)	Proposal	Dates/ Location/ Venue	Frequency
<i>Art Appreciation</i>	Brian Nicholls & Cedomir Panajotovic	A wide variety of art, artists and art movements will be visually presented	Salón de Actos, Espai La Senieta, Moraira	2 nd Monday of the month at 10:30 a.m.
<i>Aromatherapy Workshop</i>	Valerie Mills	A brief history and demonstration	Moraira	Once a month 3:00-5:00 p.m.
<i>Backgammon</i>	Barry Jacobs	For all levels	Bar/Restaurant, Sol Park, Moraira	Wednesdays 3:00 – 5:00 p.m.
<i>Badminton</i>	Rose Avila	For all levels	Benissa Sports Hall Palau Sant Pere	Wednesdays 2:15-4:15 p.m.
<i>Bowls</i>	Don Roberts	Green Bowls	The Inn on the Green, Javea	Weekly Monday and Wednesday p.m.
<i>Bridge, Social</i>	Sybille Ross	Friendly Bridge. No partner needed. We play Acol.	Bar of Restaurant, Los Leones, Moraira	Weekly Friday 2:30-5:00 p.m.
<i>Canasta</i>	Sandy Bianco	An uncomplicated card game	Moraira	Fortnightly Mondays 2:00-4:00 p.m.
<i>Chess</i>	Ed Morley	Social Chess	Espai La Senieta, Upstairs – last room on the left	Weekly Thursday 10:30 a.m.-12:30 p.m.
<i>Classical Music Appreciation</i>	Geoffrey Shean	Appreciation of Classical Music	Moraira Yacht Club	Last Monday of the month 10:30 a.m.
<i>Computing – Beginners</i>	Peter Romain	Practical help with computing	Benitachell	Weekly – Tuesdays 2 classes 10:00 a.m. & 1:00 p.m.
<i>Computing - Intermediate</i>	Peter Romain	Practical help and training with computing	Benitachell	2 nd , 3 rd and 4 th Mondays of the month a.m.
<i>Cookery Demonstration and Workshop</i>	Eileen Haxon	Themed cookery demonstration and tastings	Moraira	Once a month for 2 groups Monday p.m.
<i>Craft</i>	Elizabeth Wilson	General Craft Group	Moraira	Fortnightly Thursdays 3:00 p.m.
<i>Creative Photography</i>	Don Roberts	Composition, editing, printing, mounting and framing	Benitachell	Once a month Tuesday 3:00-5:00 p.m.
<i>Creative Writing</i>	Rosemary Sheppard	Members bring their writings for criticism and help	Moraira	Alternate Mondays at 3:00 p.m.
<i>Cribbage</i>	Colin Turner		Bar Med Teulada	Wednesday 7:00-10:30 p.m.

<i>Darts</i>	Len Beisser	A fun social evening playing darts or pool	The Sports Bar near the Gemesant restaurant Moraira	Fridays 7:30 p.m.
<i>Debating</i>	Geoffrey Shean	The object of the group will be to meet once a month and debate a subject chosen the previous month	Moraira area	2nd Wednesday of every month 3:00 p.m.
<i>Dining Out</i>	David and Eileen Haxon	The group will enable members to sample different cuisines and restaurants in the area	Moraira/Teulada area	Twice a month Tuesday evening
<i>Dog Training</i>	Avril Benn	Various classes to be enjoyed by both owners and their dogs in a fun and friendly environment	Villotel Urbanization on the Moraira to Benitachell road. Contact Avril for further details	Tuesdays 4:00 p.m. (Beginners) 4:45 p.m. (Improvers)
<i>Drama Group</i>	Anne Cattle		Salón de Actos, Espai La Senieta, Moraira	1 st and 3 rd Tuesdays of the month 11:00 a.m.-1:30 p.m. followed by lunch (if you wish)
<i>Film Group</i>	Philip Chaney	English Language films	Salón de Actos, Espai La Senieta, Moraira	2nd Monday of the month 6:15 p.m. for 6:30 p.m.
<i>Five a Side Football</i>	Colin Brady	Fun Five a Side Football	Sol Park Tennis Club	Every Tuesday 7:00 p.m – 9:00 p.m.
<i>Flower Arranging</i>	Tina Wallis	Practical flower arranging	Bar area of Los Leones, Sol Park, Moraira	Every other Tuesday 2:00 p.m.-4:00 p.m.
<i>Fishing</i>	Graham Foot	Freshwater fishing expeditions	Regional	Every other Thursday
<i>Friends of Avinença</i>	Paul and Pat Pruden	To gain entry to many aspects of local history and activities that otherwise would be difficult to access	Various	To be announced
<i>Golden Oldies Musicians Group</i>	John Hopwood	A mixed music group for anyone who would like to play any type of music	Tropicana Bar, Calle Viejo del Portet, Moraira	Every Tuesday 11:00 a.m.
<i>Golf</i>	Geoff and Rona Hurst	A golf group of experienced players	Benidorm	Monthly Mondays
<i>Golf</i>	Robin Woods	A golf group of experienced players for Stableford	Various	Monthly Mondays

<i>Healthy Walking</i>	Rona Hurst	One hour walks	Various	One week Tuesday, one week Thursday 10:00 a.m.
<i>History</i>	Cedomir Panajotovic and Brian Nicholls	A wide range of lectures	Salón de Actos, Espai La Senieta	Last Monday in the month at 10:30 a.m.
<i>Knit, stitch and Natter</i>	Maureen Burrows	Knit and sew items for local charities		Fortnightly Alternate Tuesdays 2:30-4:30 p.m.
<i>Mah-Jong</i>	David Goodall and Pam Millburn	The basics are easily learnt in the first session	Restaurante Shanghai on the Moraira to Calpe road on the left just past Mas-y-Mas	Weekly Thursday 2:00-4:00 p.m.
<i>Mosaics</i>	Meri Snell	Learn the basics of this decorative art	Moraira	Every other Tuesday p.m.
<i>Padel Tennis</i>	Michael Cain		Teulada	Mondays at 11:00 a.m. and Thursdays at 2:30 p.m.
<i>Painting</i>	Stella Maarsman	Oils, pastels and watercolour	Moraira area	Wednesdays 10:00-12:00 noon
<i>Patchwork</i>	Yvonne Romain		Benitachell	Mondays 2:00-5:00 p.m.
<i>Petanque</i>	Andy Keen		Purpose built rinks at Cumbre del Sol	Weekly Wednesday a.m.
<i>Petanque 2</i>	Pamela Powell		Purpose built rinks at Cumbre del Sol	Weekly Thursday a.m.
<i>Petanque 3</i>	Douglas Evans		Brevis Bar, Sol Park	Weekly Thursday 10:00 a.m.
<i>Petanque 4</i>	John Manley		Brevis Bar, Sol Park	Weekly Thursday p.m.
<i>Petanque 5</i>	John Manley		Brevis Bar, Sol Park	Weekly Saturday a.m.
<i>Photography</i>	Trevor Kemp	We decide what topic we will work on and we will not compete for 'best picture'. Instead, we will try to improve our own skills and have fun together	Various	Changeable monthly
<i>Quiz Group</i>	Helen and Les Coughtrey	Fun Quiz	Los Leones, Sol Park, Moraira	Twice a month Thursday 4:00 p.m.
<i>Reading Group</i>	Gaby Mauger	To explore all types of literature, to read those books you might not normally choose	Moraira area. Contact Leader for details	Monthly Friday p.m.

<i>Rummikub</i>	Angela Pulford	Rummikub is a game for 2-4 players. Each week players on each table will be drawn randomly	Funky Munky, Kristal Mar Commercial Centre, Moraira	Weekly Wednesday 3:00-5:00 p.m.
<i>Sailing Group</i>	Richard Jones	To meet up and discuss sailing with the possibility of arranging lessons and sailing	Espai La Senieta, Moraira	Monthly Tuesday 4:00 p.m. plus sailing days
<i>Singles Dining Out</i>	Norman Peterken	Dining out for singles		Twice a month Saturday evening
<i>Spanish Groups Co-ordinator</i>	Linda West	To join various groups	Moraira/Teulada	See Schedule for 2012/2013.
<i>Spanish Conversation – Beginners</i>	Pauline McGough	No books, no grammar, just talk	Bar Med, Teulada	Wednesday and Friday mornings
<i>Spanish Conversation – Intermediate</i>	Sheila Shipsides	Coffee morning with a difference	Bar El Andaluz, Ceramics Corner, Moraira	Weekly Saturday 11:00 a.m.-12:30 p.m.
<i>Sunday Lunch Solo Group</i>	Audrey Germann	Dining out for singles	Local area	Twice a month 1:00 for 1:30 p.m.
<i>Table Tennis</i>	Janet Dane	All levels	Los Leones, Sol Park	Weekly Thursday 3:00-5:00 p.m.
<i>Ten Pin Bowling</i>	John Rhodes	6 players on each lane 2 games	Ozone Bowling Alley, Moraira	1 st and 2 nd Tuesday of each month 7:15 for 7:30 p.m. Please pre-book with Group Leader
<i>Wine Tasting</i>	Peter Romain	Alternative wine appreciation. A chance to taste good low priced wines	Beni Asia Restaurant, Benitachell	2 nd Wednesday of the month 5:00-7:00 p.m. Doors open at 4:30 p.m.
<i>Yoga</i>	Stella Maarsman	Hatha Yoga	Moraira area	Thursdays 10:00 a.m.
<i>Zumba</i>	Sandy Bianco	Zumba dance exercise	Teulada	Weekly Monday 3:45 p.m.

CALENDAR OF GROUPS

DAY	A.M.	P.M.
MONDAY	<i>Art Appreciation</i> <i>Classical Music</i> <i>Computing – Intermediate</i> <i>History</i> <i>Golf</i> <i>Padel Tennis</i>	<i>Bowls</i> <i>Canasta</i> <i>Cookery Demonstration</i> <i>Creative Writing</i> <i>Film group</i> <i>Patchwork</i> <i>Zumba</i>
TUESDAY	<i>Computing - Beginners</i> <i>Drama group</i> <i>Golden Oldies Musicians Group</i> <i>Healthy Walking</i>	<i>Computing - Beginners</i> <i>Creative Photography</i> <i>Dining out (evening)</i> <i>Dog Training</i> <i>Five-a-Side Football (evening)</i> <i>Flower Arranging</i> <i>Knit, Stitch and Natter</i> <i>Mosaics</i> <i>Sailing group</i> <i>Ten Pin Bowling (evening)</i>
WEDNESDAY	<i>Painting</i> <i>Petanque</i> <i>Spanish Conversation for</i> <i>Beginners/Pre-Intermediate</i>	<i>Alternative Wine Appreciation</i> <i>Backgammon</i> <i>Badminton</i> <i>Bowls</i> <i>Cribbage (evening)</i> <i>Debating</i> <i>Rummikub</i>
THURSDAY	<i>Chess group</i> <i>Freshwater Fishing</i> <i>Healthy Walking</i> <i>Petanque 2</i> <i>Petanque 3</i> <i>Yoga</i>	<i>Craft</i> <i>Mah-Jong</i> <i>Padel Tennis</i> <i>Petanque 4</i> <i>Quiz group</i> <i>Table Tennis</i>
FRIDAY	<i>Spanish Conversation for</i> <i>Beginners</i>	<i>Bridge</i> <i>Darts (evening)</i> <i>Reading group</i>
SATURDAY	<i>Petanque 5</i> <i>Spanish Conversation</i> <i>– Intermediate/Advanced</i>	<i>Singles Dining Out (evening)</i>
SUNDAY		<i>Sunday Lunch Solo group</i>
VARIOUS	<i>Friends of Avinença</i> <i>Photographic group</i>	
TO BE ANNOUNCED	<i>Jigsaw Puzzles</i> <i>War Gaming</i>	

CIRCULATION OF NEWSLETTERS

You can read and/or print off copies of the U3A Teulada/Moraira newsletters. The small file version is intended for members who have dial-up modems and long download times. This version contains basically just the text content of the newsletters. The other version is for members with a broadband internet connection. It contains photographs, illustrations etc. that make the Newsletter more attractive to read.

Contributors - please note that all items that you wish to be included in the newsletter must be with the Editor by the middle of the third week of each month. Photos are welcome.

This newsletter is posted on the U3A website and, to protect privacy, no email addresses or telephone numbers are shown without the owner's specific permission. Go to the website for emailing instructions.

DISCOUNTS

In order to reduce the size of the Newsletter, the details of U3A discounts will now only be included in the copies which are printed for non computer owners. For computer owners details of discounts are given on the website www.u3amoraira-teulada.org