USK Moraira - Teulada



www.u3amoraira-teulada.org NEWSLETTER Number 50 March 2013



Message from the President

Dear Members.

I wouldn't be British if my opening comments weren't about the weather and, in particular, the nasty yellow pollen which is currently covering everywhere! It's a good job I'm not "car proud" as this would be a very difficult time for me. I lived in Australia for several years and Mimosa is of course a native tree there. I don't remember us having trouble with the pollen the way we do here, but maybe the fact that the perfume of the blossom was so lovely blinded me to its faults!

OK, "weather whinge" over and, changing the subject completely, you may have heard by now that plans are afoot for a 5th Anniversary Celebration of our U₃A. Further details of this forthcoming event can be found on Page 3 of this Newsletter and you will hear even more at the General Meeting.

On Wednesday 20th February I was delighted to be invited to the Finals of the Bowls Group "Pamela Kershaw Memorial Trophy". You will read more about it later in this Newsletter, but it was a lovely day in excellent company, and the lunch was good. I enjoyed the day very much indeed.

The lighter mornings and evenings are with us and, in just a few weeks, the clocks will go forward again, not long until summer is with us again folks!

A short note from me this month, but I hope to see lots of you at the meeting in March. Please remember to collect your raffle ticket as you come in. We do have 'meeters and greeters' at the door, and they will do their best to make sure you all get a ticket, but at the end of the day it's up to you to make sure you have one!

Best wishes, Ann

Moraira-Teulada U3A Committee members

President	Ann Colclough Tel. 965 747 343
Vice President	Frank Lee
Treasurer	Jill Cole
Deputy Treasurer	Jenny Lee
Secretary	Margaret Roberts
Deputy Secretary	Linda West
Membership Secretary	Sue Popkin
Deputy Membership Secretary	Margaret Williamson
Group Coordinator	Shirley Baehr Tel. 966 495 633
Travel Group Coordinator	Carol Mantle
New Members Liaison Officer	Don Roberts
Newsletter Editor	Pat Montgomery
Website Liaison/Discounts Officer	David Haxon
Speakers List Coordinator	Eileen Haxon



The next **General Meeting** will be on Monday 4th March 2013 at the Salón de Banquetes, Avenida del Mediterráneo, Teulada at 10:30 a.m.

Doors open to members at 09:45 a.m.

Please note new time



Are you having a problem with the email links on the website?

Mike Lawson (Webmaster) writes:

There is nothing wrong with the links on the website. The overwhelming likelihood is that you have not set up your email software correctly. Without exception, the people I am aware of who have had this problem are all using an online email client e.g. hotmail, Gmail, etc. and they have not realised that they have to set that up as their default email client. If you do not know how to do this, try Googling the question, "How do I make [name of email client - e.g. hotmail or Gmail etc] my default email client?" and then follow the relevant instructions for whichever email software you are using.

Forthcoming Event

5th Anniversary Celebration of the Moraira-Teulada U3A

For those of you who attended the General Meeting on the 4th February, you will have heard our President, Ann Colclough, announce that we are planning to celebrate the 5th anniversary of the Moraira-Teulada U3A.

The celebration will take place at Font Santa on Monday, the 6th May 2013 and will replace the General Meeting normally held in Teulada. **There will be no General Meeting on that day.**

A sub-committee has been formed to organise this event and is being led by our Vice-President, Frank Lee. The Committee is planning to provide a special anniversary cake, cava, water and juice and, of course, plenty of entertainment for you. The venue will be decorated in blue and yellow, the international colours of the U3A movement. Members may bring their own picnics and additional drinks, etc. and the event will kick off from 11:30 a.m. If you wish to bring extra tables, chairs and parasols/umbrellas, this would be useful.

The tickets are free and 200 will be available at the end of the General Meetings on the 4th March and the 1st April (if any remain) on a strictly first come first served basis. The event will be restricted to current U3A members only and you will need to give your membership number when collecting your tickets. Members will be able to collect tickets for friends who are unable to attend either meeting, but the names and membership numbers of those for whom tickets are being collected <u>must</u> be provided.

More information will follow in due course.



One Fine Day with the U3A Bowls Group



On a cloudy, but dry, day in February the Green Bowls Group held its first competition.

The idea to hold it came from the Group Leader Don Roberts who decided, with his wife Margaret, to donate a silver cup to the winner as a memorial to the U3A's late and much loved Vice President.

The competition was called the Pamela Kershaw Memorial Bowls Challenge as Pamela was a member of the bowls group, and it is hoped that this will become an annual event.

Michael and Pat Dawson helped Don arrange the competition and worked very hard producing rules and logistics, and generally providing support.

The Bowls Group is split into two who play on Mondays and Wednesdays. The preliminary heats were played during the weeks before so that on finals day, the 20th February, there would be 8 from each Group.

On the day everyone assembled at the Inn on the Green and group members not in the finals helped with keeping score and refereeing, while these last 16 were whittled down to the 2 finalists, Ray Durrant and David Fleming. The scores in the games throughout the morning were very close and the final game was very competitive indeed. The sun had come out in earnest by now and it was beautifully sunny for the final match.

The winner was Ray Durrant who received the cup, to hold for a year, a small trophy of a silver bowler, to keep always, and a bottle of Cava. The Runner up, David Fleming, received a bottle of wine as a consolation.

Gordon Kershaw kindly agreed to attend and present the trophies and Nikki Luxford from the Costa Blanca News recorded the event.

Afterwards players, partners and friends enjoyed an excellent lunch. It had been a very enjoyable friendly day and we very much hope that the competition will continue in future years and feel sure that Pamela would have felt honoured by it.

Thanks to all the competitors, helpers and spectators who helped to make this a memorable day.

Margaret Roberts

Group News

Art and History Programme

Art Appreciation



Monday 11th March 2013 GUSTAV KLIMT (1862-1918) - 'BRINGING ART TO LIFE' - An Illustrated talk by Maureen Stanley

History Programme



Monday 25th March 2013 Who killed the Princes in the Tower? Part 1 – The White Queen, Elizabeth Woodville - An illustrated talk by Angela Chantry

Both lectures take place at La Senieta Theatre in Moraira and start at 10.30 a.m.

There is illustrated detail on the above talks on the U3a website http://www.u3amoraira-teulada.org/groups/art.html

Beauty Workshop



Stephanie Crowther is a trained Beauty Consultant and new member to the U3A. She is proposing a fun workshop on *Health and Beauty for the 3rd Age*.

The workshop will deal with preparation, protection and pampering and will

- Talk about alternative Spanish Beauty Products
- Show you new ways to use your own make-up and skin products
- Help you achieve a new look
- Talk about Protection from the sun, Skin Care, Relaxing Oils and Perfumes

Please send me an email to register your interest and we will contact you as soon as a date and local venue are finalised. Shirley sbaehr1951@aol.com

Chess Group



The Chess Group is in need of more chess sets and boards as not all of the members possess them. Some are still learning and will probably not purchase until convinced that they enjoy the game. If anyone has a set and no longer uses it then please contact Ed Morley, the Chess Group Leader, and he will be most grateful to receive it. Thank you edmocoyw@gmail.com

The Cocina Club - Proposed New Group



Our very popular Cookery Demonstrations which were run by Eileen Haxon have sadly come to an end and I would like to thank her for all her hard work in giving us so much pleasure over the past couple of years.

I have an idea to form a new group called 'The Cocina Club' which would be similar to one very successfully run in Javea which they call 'Foodies'.

You do not have to be a gourmet cook to join this group! It will not be a dining out group; nor will it be a cookery class.

Members of the group would not only love food but be interested in swapping recipes, bringing along some tasters, talk about local restaurants, and perhaps taste local cheeses or different olive oils.

The group will endeavour to have a different topic each month. It could be a discussion on some aspect of food or a demonstration of food from a different country. It could be a talk about specific ingredients or a cookery demonstration from an expert chef, or a demonstration or tasting from one of our members. It will vary each meeting, to make it interesting and different and be whatever the group decides. Also, importantly, it should be enjoyable to all, so input from members will always be welcome.

If this is something you would be interested in me setting up, please register your interest by emailing me. The proposed day for this would be the 2nd and 4th Monday afternoon of the month and we will meet locally.

I will also be looking for someone or a group of people to run this with a lot of help so please let me know if you would either like to be in the group and or in the team that will get it organised.

Shirley Baehr sbaehr1951@aol.com

Exercise Class – New Group



We have found a lovely qualified teacher who will tailor a class to suit our needs and a very suitable studio at the back of a fully equipped Gym in Teulada - Gimnas Ximo, Calle Calpe No.50, Teulada.

We would like to invite you to meet Melissa at the next monthly meeting on the 4th March, where she can answer any questions from 9.45 a.m.

The first class, with a chat beforehand, will be held on Wednesday 6th March at 10.30 a.m. The charge for this class will be €3 per person but after that it will be €20 per month (pro rata the first month) to be paid in advance. This will cover the cost of the room and teacher. If we find we have a surplus of funds we will give some money back in the form of free weeks or similar. We have to ensure that the costs are covered. Melissa will be happy to take an additional class if that should prove necessary.

Gimnas Ximo is easy to find and also has lots of off street parking. When you approach the roundabout in Teulada from either Benitachell or Moraira take the exit by the large Pharmacy and take the first on the right and follow signs to THE AUDITORIUM. The Gym is on the left with the last hill and sign to The Auditorium and Car Parks opposite. There is a nice café "Brisa" on the corner just before.

Please come with comfortable clothes and suitable shoes, changing rooms are available. I hope this will be a really successful fun group and that you enjoy it.

Sue Hopwood is going to take over the administration for this group, her email is johnsuehop@hotmail.com Tel. 965 749 077

Film Group



The aim of the Film Group is to show English language films to members of the Moraira-Teulada U3A, on a monthly basis (usually, the second Monday of each month at a start time of 6:30 p.m.) in Espai la Senieta, Moraira - Salón de Actos, during the winter season

(October 2012 – May 2013). Films will be chosen by members of the group from own stock and by purchase, and titles will reflect entertainment value, special interest and awards given.

Doors open at 6.15 p.m. for a 6.30 p.m. start. The early timing of 6.30 p.m. is not only so as to be able to watch longer films within the opening hours of Espai La Senieta, but also to allow time for those members who wish to dine out at a restaurant afterwards.

Please show your current U3A membership card for free entrance. No booking required.

Next film - Monday 11th March

'Salmon Fishing in the Yemen' starring Ewan McGregor, Emily Blunt and Kristin Scott Thomas

This season is being very well attended from 50, to full capacity (170). Over 60 turned up to watch 'Casablanca', to mark the 70th anniversary of the Academy Award. On DVD the remastered screen and sound were both very clear - and without the fog of cigarette smoke that would have certainly been in the cinemas in 1943!



For Monday 11 March we are showing 'Salmon Fishing in the Yemen'. This delightful film was voted 'best British comedy of the year' (2011) and is on a par with 'Marigold Hotel' as it comes from a proven, comedy script writer. If you have seen it before, then it's well worth another viewing.

Run time 1 hour 43 minutes.

More details of this film with illustration, a review, and a link to the trailer can be found on the U3A website http://www.u3amoraira-teulada.org/groups/film.html

Golden Oldies Music Group

The Golden Oldies Music Group now has more than 200 members and in excess of 100 of these have already booked for the next Music Night on the 16th March at the new venue, the Café del Mar, which is near the Happy Garden Chinese restaurant on the Moraira-Calpe road.

Apart from our "Groupies" (the audience) we have an eight member band and numerous solo performers. All are complete amateurs who simply enjoy singing and playing all types of music from Opera and Songs from the Shows to Rock & Roll and the Blues. We often also have the occasional humorous recitations and monologues which everyone enjoys.

The band would love to hear from anyone who enjoys playing keyboard with mostly rock and blues but also including some Latin American music. Solo singers and musicians who enjoy music but perhaps have never performed in public before will be welcomed and given every possible encouragement!!!!

If you would like to join in with an evening of mostly musical entertainment please contact the group leader John Hopwood at johnsuehop@hotmail.com

Mosaics Group

A plea from Meri Snell, the leader of the mosaics group -

Students new to mosaics start off by making a trivet using swimming pool tiles. My supply is dwindling, so if anyone has some spare swimming pool tiles just lying around in their underbuild, we would be very happy to give them a new home. Please contact Meri Snell or

bring them along to the next U₃A meeting. Many thanks, Meri merisnell@gmail.com

Scale Down Group - Proposed New Group

Want to lose weight but fed up with all those yo yo diets? Why not come along and discuss a different way of doing things?

This is not a diet group; it's a change of tactics. Weighing scales are forbidden - you don't have to weigh yourself or get weighed. Your clothes will tell you if you have eaten too much. It will be a group of like-minded people where you can meet to bounce off ideas, get advice from other people and talk about your needs.

Initially, I would like to have a meeting to explain more and see if we can get this started. Please contact: Barbara Owens – 658200653 or barbara Owens – 658200653 or barbara Owens – 658200653<

Group Displays

Many of the groups will have displays or demonstrations at the General Meeting on the 4th March. This will give you an opportunity to speak to group leaders, see what they do and join the groups that maybe of interest to you. We look forward to seeing you there. sbaehr1951@aol.com

GROUP DETAILS

Group	Group Leader(s)	Proposal	Dates/ Location/ Venue	Frequency
Art Appreciation	Brian Nicholls & Cedomir Panajotovic	A wide variety of art, artists and art movements will be visually presented	Salón de Actos, Espai La Senieta, Moraira	2 nd Monday of the month at 10:30 a.m.
Aromatherapy Workshop	Valerie Mills	A brief history and demonstration	Moraira	Once a month 3:00-5:00 p.m.
Backgammon	Barry Jacobs	For all levels	Bar/Restaurant, Sol Park, Moraira	Wednesdays 3:00 – 5:00 p.m.
Badminton	Rose Avila	For all levels	Benissa Sports Hall Palau Sant Pere	Wednesdays 2:15-4:15 p.m.
Bowls	Don Roberts	Green Bowls	The Inn on the Green, Javea	Weekly Monday and Wednesday p.m.
Bridge, Social	Sybille Ross	Friendly Bridge. No partner needed. We play Acol.	Bar of Restaurant, Los Leones, Moraira	Weekly Friday 2:30-5:00 p.m.
Canasta	Sandy Bianco	An uncomplicated card game	Moraira	Fortnightly Mondays 2:00-4:00 p.m.
Chess	Ed Morley	Social Chess	Espai La Senieta, Upstairs – last room on the left	Weekly Thursday 10:30 a.m12:30 p.m.
Classical Music Appreciation	Geoffrey Shean	Appreciation of Classical Music	Moraira Yacht Club	Last Monday of the month 10:30 a.m.
Computing – Beginners	Peter Romain	Practical help with computing	Benitachell	Weekly – Tuesdays 2 classes 10:00 a.m. & 1:00 p.m.
Computing - Intermediate	Peter Romain	Practical help and training with computing	Benitachell	2nd, 3 rd and 4 th Mondays of the month a.m.
Craft	Elizabeth Wilson	General Craft Group	Moraira	Fortnightly Thursdays 3:00 p.m.
Creative Photography	Don Roberts	Composition, editing, printing, mounting and framing	Benitachell	Once a month Tuesday 3:00-5:00 p.m.
Creative Writing	Rosemary Sheppard	Members bring their writings for criticism and help	Moraira	Alternate Mondays at 3:00 p.m.
Cribbage	Colin Turner		Bar Med Teulada	Wednesday 7:00-10:30 p.m.

Darts	Len Beisser	A fun social evening playing darts or pool	The Sports Bar near the Gemesant restaurant Moraira	Fridays 7:30 p.m.
Debating	Geoffrey Shean	The object of the group will be to meet once a month and debate a subject chosen the previous month	Moraira area	2nd Wednesday of every month 3:00 p.m.
Dining Out	David and Eileen Haxon	The group will enable members to sample different cuisines and restaurants in the area	Moraira/Teulada area	Twice a month Tuesday evening
Dining Out-	Norman	Dining out for		Twice a month
Singles	Peterken	singles		Saturday evening
Dining Out- Sunday Lunch Solo Group	Audrey Germann	Dining out for singles	Local area	Twice a month 1:00 for 1:30 p.m.
Drama Group	Anne Cattle		Salón de Actos, Espai La Senieta, Moraira	1st and 3rd Tuesdays of the month 11:00 a.m1:30 p.m. followed by lunch (if you wish)
Exercise Class Coordinator	Sue Hopwood	Fitness & Toning	Gimnas Ximo, Calle Calpe 50, Teulada	Every Wednesday 10:30 – 11:30 a.m.
Film Group	Philip Chaney	English Language films	Salón de Actos, Espai La Senieta, Moraira	2nd Monday of the month 6:15 p.m. for 6:30 p.m.
Five a Side	Colin Brady	Fun Five a Side	Sol Park	Every Tuesday
Football		Football	Tennis Club	7:00 p.m – 9:00 p.m.
Flower Arranging	Tina Wallis	Practical flower arranging	Bar area of Los Leones, Sol Park, Moraira	Every other Tuesday 2:00 p.m4:00 p.m.
Fishing	Graham Foot	Freshwater fishing expeditions	Regional	Every other Thursday
Friends of Avinença	Paul and Pat Pruden	To gain entry to many aspects of local history and activities that otherwise would be difficult to access	Various	To be announced
Golden Oldies Musicians Group	John Hopwood	A mixed music group for anyone who would like to play any type of music	Tropicana Bar, Calle Viejo del Portet, Moraira	Every Tuesday 11:00 a.m.

Golf	Geoff and	A golf group of		Monthly
	Rona Hurst	experienced players	Benidorm	Mondays
Golf	Robin Woods	A golf group of	Various	Monthly
		experienced players		Mondays
		for Stableford		
Healthy	Robert	One hour walks	Various	One week Tuesday,
Walking	Verbruggen &			one week Thursday
	Noelene			10:00 a.m.
	Cummins			
History	Cedomir	A wide range of	Salón de Actos,	Last Monday in the
	Panajotovic	lectures	Espai La Senieta	month at
	and Brian			10:30 a.m.
_	Nicholls			
Knit, stitch	Maureen	Knit and sew items		Fortnightly
and Natter	Burrows	for local charities		Alternate Tuesdays
7.5.7.		m 1 1 · · · ·		2:30-4:30 p.m.
Mah-Jong	David Goodall	The basics are easily	Restaurante	Weekly
	and	learnt in the first	Shanghai on the	Thursday
	Pam Millburn	session	Moraira to Calpe	2:00-4:00 p.m.
			road on the left	
			just past	
Magging	Mari Craall	Tooms the begins of	Mas-y-Mas	E
Mosaics	Meri Snell	Learn the basics of this decorative art	Moraira	Every other Tuesday
Padel Tennis	Michael Cain	this decorative art	Teulada	p.m.
Paaet Tennis	Michael Cain		Teurada	Mondays at 11:00 a.m. &
Painting Painting	Stella	Oils, pastels and	Moraira area	Thursdays at 2:30 p.m. Wednesdays
ranting	Maarsman	watercolour	Moraira area	10:00-12:00 noon
Patchwork	Yvonne	watercolour	Benitachell	Mondays
Tutchwork	Romain		Demitachen	2:00-5:00 p.m.
Petanque	Andy Keen		Purpose built	Weekly
Tetanque	Thiay Reen		rinks at Cumbre	Wednesday a.m.
			del Sol	Wednesday a.m.
Petanque 2	Pamela		Purpose built	Weekly
_ = = = = = = = = = = = = = = = = = = =	Powell		rinks at Cumbre	Thursday a.m.
			del Sol	
Petanque 3	Douglas		Brevis Bar,	Weekly
	Evans		Sol Park	Thursday 10:00 a.m.
Petanque 4	John Manley		Brevis Bar,	Weekly
			Sol Park	Thursday p.m.
Petanque 5	John Manley		Brevis Bar,	Weekly
			Sol Park	Saturday a.m.
Photography	Trevor Kemp	We decide what	Various	Changeable monthly
		topic we will work		
		on and we will not		
		compete for 'best		
		picture'. Instead, we		
		will try to improve		
		our own skills and		
		have fun together		

Quiz Group	Helen and Les	Fun Quiz	Los Leones,	Twice a month
Quiz or oup	Coughtrey	Tun Yunz	Sol Park,	Thursday 4:00 p.m.
			Moraira	
Reading Group	Gaby Mauger	To explore all types	Moraira area.	Monthly
<i>J</i> 1	, 0	of literature, to read	Contact Leader	Friday p.m.
		those books you	for details	
		might not normally		
		choose		
Rummikub	Angela	Rummikub is a	Funky Munky,	Weekly
	Pulford	game for 2-4	Kristal Mar	Wednesday
		players. Each week	Commercial	3:00-5:00 p.m.
		players on each table	Centre,	
		will be drawn	Moraira	
a 111 - 5		randomly		
Sailing Group	Richard Jones	To meet up and	Espai La Senieta,	Monthly
		discuss sailing with	Moraira	Tuesday 4:00 p.m.
		the possibility of		plus sailing days
		arranging lessons		
Q	T : J - TA7	and sailing	M /T 1 - 1 -	Gaa Galaa Jaala faas
Spanish Groups Co-ordinator	Linda West	To join various	Moraira/Teulada	See Schedule for
	Pauline	groups No books,	Bar Med,	2012/2013. Wednesday and Friday
Spanish Conversation	McGough	no grammar,	Teulada	mornings
- Beginners	McGough	just talk	Teuraua	mornings
Spanish	Sheila	Coffee morning with	Bar El Andaluz,	Weekly
Conversation –	Shipsides	a difference	Ceramics Corner,	Saturday
Intermediate	Diffporaco	u uniterence	Moraira	11:00 a.m12:30 p.m.
Table Tennis	Janet Dane	All levels	Los Leones,	Weekly
			Sol Park	Thursday
				3:00-5:00 p.m.
Ten Pin	John Rhodes	6 players on each	Ozone Bowling	1st and 2nd Tuesday of
Bowling		lane	Alley,	each month
		2 games	Moraira	7:15 for 7:30 p.m.
				Please pre-book with
				Group Leader
Wine Tasting	Peter Romain	Alternative wine	Beni Asia	2 nd Wednesday of the
		appreciation. A	Restaurant,	month
		chance to taste good	Benitachell	5:00-7:00 p.m.
		low priced wines		Doors open at 4:30 p.m.
Yoga	Stella	Hatha Yoga	Moraira area	Thursdays
	Maarsman			10:00 a.m.

CALENDAR OF GROUPS

DAY	A.M.	P.M.
MONDAY	Art Appreciation Classical Music Computing – Intermediate History Golf Padel Tennis	Bowls Canasta Creative Writing Film group Patchwork
TUESDAY	Computing - Beginners Drama group Golden Oldies Musicians Group Healthy Walking	Computing - Beginners Creative Photography Dining out (evening) Five-a-Side Football (evening) Flower Arranging Knit, Stitch and Natter Mosaics Sailing group Ten Pin Bowling (evening)
WEDNESDAY	Exercise Class Painting Petanque Spanish Conversation for Beginners/Pre-Intermediate	Alternative Wine Appreciation Backgammon Badminton Bowls Cribbage (evening) Debating Rummikub
THURSDAY	Chess group Freshwater Fishing Healthy Walking Petanque 2 Petanque 3 Yoga	Craft Mah-Jong Padel Tennis Petanque 4 Quiz group Table Tennis
FRIDAY	Spanish Conversation for Beginners	Bridge Darts (evening) Reading group
SATURDAY	Petanque 5 Spanish Conversation – Intermediate/Advanced	Dining Out- Singles (evening)
SUNDAY		Dining Out - Sunday Lunch Solo group
VARIOUS	Friends of Avinença Photographic group	
TO BE ANNOUNCED	Scale Down Group The Cocina Club	

CIRCULATION OF NEWSLETTERS

You can read and/or print off copies of the U3A Teulada/Moraira newsletters. The small file version is intended for members who have dial-up modems and long download times. This version contains basically just the text content of the newsletters. The other version is for members with a broadband internet connection. It contains photographs, illustrations etc. that make the Newsletter more attractive to read.

Contributors - please note that all items that you wish to be included in the newsletter must be with the Editor by the middle of the third week of each month. Photos are welcome.

This newsletter is posted on the U3A website and, to protect privacy, no email addresses or telephone numbers are shown without the owner's specific permission. Go to the website for emailing instructions.

DISCOUNTS

In order to reduce the size of the Newsletter, the details of U3A discounts are now only included in the copies which are printed for non computer owners. For computer owners details of discounts are given on the website www.u3amoraira-teulada.org