

# U3A Moraira - Teulada



[www.u3amoraira-teulada.org](http://www.u3amoraira-teulada.org)

**NEWSLETTER Number 52**

**May 2013**



## ***Message from the President***

Hello again everyone

Lighter mornings and evenings are with us, and the days are getting warmer and sunnier. Winter is over!

Sadly, I start my letter to you with three lots of not very good news, and consequently warnings. One of our members was in the cafetería in Denia hospital, I understand she placed her handbag on the floor between her feet, and moved over to let someone else (strangers) sit beside her. When she went to pick up her handbag, it was gone.

On Saturday mornings I work in the HELP shop in Moraira and last week we were all saddened to hear that one of our clients had her bag snatched while she was actually in the shop. It's even worse than a "normal" theft as I understand this lady was using a walking frame. A quick thinking HELP volunteer ran outside and got the licence number of the car, which was then given to the Police.

It's no good anyone saying "it's the recession", because we're ALL finding it harder to manage and we don't steal to make ends meet – so why should "they" get away with it. Please be EXTRA aware of your belongings, especially if you are away from your normal location and routine.

The next warning is about someone – a woman – purporting to be a charity collector for a cancer related charity. This woman comes round to houses, presents a very official looking ID card, and a list of names and donations from your "neighbours". We had something similar until about 2 years ago here in Benissa (I live on Montemar), when a very smart elderly gentleman came twice a year to collect "for children". Again, he had ID and neighbours names. However, we only have two neighbours and

they hadn't given anything to him. I asked someone from the Ayuntamiento about him and she said that Spanish charities NEVER come round houses. The next time he came we told him what she had said, and suggested that he not call on us, or anyone in our area again, or we would call the police. Interestingly, he very politely said "thank you and goodbye!" Again, please be on your guard against this sort of thing. I suppose any day now we'll start to get the bogus gas men coming round too! Last year we had one who came to the house; I took the phone out with me and pretended to take a picture of his very beat up van. He started ranting and raving at me and said he would be back to kill me, so, call it instinct, but I think perhaps he wasn't a genuine gas man!

And so to something more cheerful, we are literally days away from the celebration for the 5<sup>th</sup> Anniversary of the founding of Moraira Teulada U3A. The subcommittee have worked incredibly hard to make sure you have a good time, and I would like to thank them all for their time and efforts. Please remember to bring your picnics etc, and also to tidy up around "your" area before you go home. We are so lucky to have Font Santa as a venue, and how pretty it is now that the trees they planted 6 years ago have grown enough to give us shade, but please remember at that time of the day the sun can be quite strong. I do hope you all have a wonderful time, and a day to remember, and I look forward to seeing some of your photos.

For those who won't be at Font Santa on the 6<sup>th</sup> May, we hope to see you at the meeting in June in our normal meeting place, Salón de Banquetes in Teulada, on 3<sup>rd</sup> June.

Best wishes,

Ann

### ***Moraira-Teulada U3A Committee members***

<b><i>President</i></b>	Ann Colclough Tel. 965 747 343
<b><i>Vice President</i></b>	Frank Lee
<b><i>Treasurer</i></b>	Jill Cole
<b><i>Deputy Treasurer</i></b>	Jenny Lee
<b><i>Secretary</i></b>	Margaret Roberts
<b><i>Deputy Secretary</i></b>	Linda West
<b><i>Membership Secretary</i></b>	Sue Popkin
<b><i>Deputy Membership Secretary</i></b>	Margaret Williamson
<b><i>Group Coordinator</i></b>	Shirley Baehr Tel. 966 495 633
<b><i>Travel Group Coordinator</i></b>	Carol Mantle
<b><i>New Members Liaison Officer</i></b>	Don Roberts
<b><i>Newsletter Editor</i></b>	Pat Montgomery
<b><i>Website Liaison/Discounts Officer</i></b>	David Haxon
<b><i>Speakers List Coordinator</i></b>	Eileen Haxon



### ***Next U3A meeting***

The next **General Meeting** will be on Monday, 3<sup>rd</sup> June 2013  
at the Salón de Banquetes, Avenida del Mediterráneo, Teulada  
at 10:30 a.m.

**Doors open to members at 09:45 a.m.**

## ***Desks at La Senieta on Tuesday, 7<sup>th</sup> May***

As there will be no General Meeting in Teulada on Monday, 6<sup>th</sup> May, we have booked an upstairs room at La Senieta on Tuesday, 7<sup>th</sup> May for the following:

- The Renewals desk will be open from 10:00 a.m. to 12 noon for members to renew their membership and for new members to join.
- Travel desk will be open from 10:30 to 11:30 a.m. for payment of forthcoming trips, etc.
- Lynn Clark will also be present from 10:00 to 12 noon for you to buy your tickets for the forthcoming Wine Workshop on 5<sup>th</sup> June (see under Group News).

## **Group News**

### ***Art and History Programme***

#### ***Art Appreciation***



Monday, 13<sup>th</sup> May 2013  
The Best of Royal Portraits  
An Illustrated talk by Mary Connatty

#### ***History Programme***



Monday, 27<sup>th</sup> May 2013  
S.O.E. – Female Spies of WW2  
An illustrated talk by Brian Nicholls

Both lectures take place at La Senieta Theatre in Moraira and start at 10.30 a.m.

There is illustrated detail on the above talks on the U3a website

<http://www.u3amoraira-teulada.org/groups/art.html>

### ***Grumpy Old Men***



A few not so Grumpy Old Men turned up at 4:30 p.m. on 16<sup>th</sup> April at Colby's. We could do with a few more so let's try again for next month. All are welcome, but please email Shirley so she can put you on the list for the next get-together on 21st May.

[sbaehr1951@aol.com](mailto:sbaehr1951@aol.com)

## Film Group



The aim of the Film Group is to show English language films to members of the Moraira-Teulada U3A, on a monthly basis (usually, the second Monday of each month at a start time of 6:30 p.m.) in Espai la Senieta, Moraira - Salón de Actos, during the winter season (October 2012 – May 2013). Films will be chosen by members of the group from own stock and by purchase, and titles will reflect entertainment value, special interest and awards given.

**Doors open at 6.15 p.m. for a 6.30 p.m. start.** The early timing of 6.30 p.m. is not only so as to be able to watch longer films within the opening hours of Espai La Senieta, but also to allow time for those members who wish to dine out at a restaurant afterwards.

**Please show your current U3A membership card for free entrance.** No booking required.

### Next film - Monday 13<sup>th</sup> May - 'The Iron Lady'

Phil Chaney, Group Coordinator, writes:

Ironically, the next planned film is 'The Iron Lady' with exceptional performances by Meryl Streep (Best Actress award) and Jim Broadbent.



Running time – 1 hour 45 minutes

More details of this film with illustration, a review, and a link to the trailer can be found on the U3A website <http://www.u3amoraira-teulada.org/groups/film.html>

You can also read the background details here [http://en.wikipedia.org/wiki/The\\_Iron\\_Lady\\_\(film\)](http://en.wikipedia.org/wiki/The_Iron_Lady_(film))

This will be the final film of the season and will, I am sure, attract the larger audiences we have seen this time. Often over 100 have attended, with over 160 on two occasions. I calculate that well over 1,000 have attended the viewings this season. We already have a draft list of films for the next season, but would welcome any suggestions that are English spoken, outstanding and memorable.

You can contact Phil at [group-film@u3amoraira-teulada.org](mailto:group-film@u3amoraira-teulada.org)

When we have decided on the final choices, they will be posted on the U3A/Groups/Film website in September.

## Golf



Just a reminder to all you golf players that we have two games a month now. The second Monday of each month is a Texas Scramble and it is run by Rona and Geoff Hurst. We have a lot of fun and there are prizes for the winning team and nearest to the pin. Please come and join us if you can.

The third Monday of each month is a Stableford and is run by Robin Woods.

All you have to do is look us up under the groups and contact us to see if there is room for you to play in our next game. [hurst100@yahoo.com](mailto:hurst100@yahoo.com)

## **Golden Oldies Music Group**



The Golden Oldies Music Group has announced that the **7th Music Night will be held at the Café Del Mar on Friday 24th May.**

Now usually attracting more than one hundred members, the Music Nights feature many talented amateur solo singers and musicians - with the occasional poet or monologist - together with the Moraira U3A band.

There is usually a wonderful mix of modern, blues, rock & roll and 50's/60's music and frequently songs from the shows, some classical songs, tunes for the Spanish guitar and various performances on the keyboard.

The Golden Oldies Music group welcomes new member "Groupies", who make up our audience, as well as anyone with an interest in playing or singing tunes and songs who is willing just 'to have a go' as entertainers.

Almost everyone who has appeared at previous shows has been a complete amateur but our "Groupies" always welcome and support all of the performers. Of course, we have also had some really enjoyable evenings when we have been joined by guest professional musicians who have added considerably to the evening's entertainment.

At the present time, the band has musicians playing drums, bass guitar, rhythm and lead guitars, keyboards, saxophone etc. and three band singers.

If you are interested in joining The Golden Oldies Music Group please contact John Hopwood at [johnsuehop@hotmail.com](mailto:johnsuehop@hotmail.com) or telephone 965 749 077.

Now that the Music Nights are well established, John has made arrangements for future dates with Café del Mar and these are as follows:-

**Friday 2nd August**  
**Friday 4th October**  
**Saturday 7th December**  
**Saturday 22nd February 2014**  
**Saturday 19th April 2014**

Please do make notes of these dates in your diaries.

## **Wine Workshop**



Following last year's highly successful wine workshop, we have arranged another for you. Again the presenter will be Colin Harkness, the acclaimed wine judge, critic, writer and broadcaster. He is also renowned for his expertise in the Spanish Wine Sector. This will be held from 5:00–7:00 p.m. on Wednesday, the 5<sup>th</sup> June at the Café del Mar.

During the evening you will be trying 5 Spanish wines of various hues and ages and discover what kind of food they best complement. We will try to do this by serving bite size tapas with each wine. It should help you to uplift your entertaining skills to an even higher level of excellence. There will also be a chance to hear and discuss the regions of origin, decide just how much we like each one and debate which wine is best suited to which food.

Entry is by ticket only to U3A members. Please book promptly to avoid disappointment as numbers have to be limited. Cost is 10 euros per person. To reserve your ticket(s) please email Lynn Clark [lynnclark0403@gmail.com](mailto:lynnclark0403@gmail.com)



## ***Badminton***



Rose Avila, Coordinator/Coach, writes

Wednesday **01 of May** no badminton – facility closed

Wednesday **29 of May** last session before Summer begins.

Wednesday **04 of September** workshop will resume.

Interested players please submit an email with **subject will attend on 04 September** as enrolment is limited due to availability of courts.

Schedule will remain the same: Wednesdays from 1400 – 1600.

I want to cordially thank the current group of players for contributing to the great FUN we shared this year. Look forward to seeing you again in September.

Have a lovely sunny and happy summer!

Rose Avila [group-badminton@u3amoraira-teulada.org](mailto:group-badminton@u3amoraira-teulada.org)

## ***Pilates or Zumba?***



We have been introduced to a super Zumba and Pilates teacher who would be happy to run a class for us on Tuesday or Thursday mornings, possibly in Teulada, at 11:00 a.m.

Before I go any further I need to know what you want



- Zumba or Pilates
- Tuesdays or Thursdays

The cost will be €20 paid up front for 4 weeks. This will cover the hire of the studio and the teacher.

The exercise class on Wednesday morning is proving very popular and will continue.

Please register your interest so I can move forward on this one for you.

Shirley Baehr [sbaehr1951@aol.com](mailto:sbaehr1951@aol.com)

## GROUP DETAILS

<b>Group</b>	<b>Group Leader(s)</b>	<b>Proposal</b>	<b>Dates/ Location/ Venue</b>	<b>Frequency</b>
<i>Alternative Wine Group</i>	Peter Romain	Alternative wine appreciation. A chance to taste good low priced wines	Beni Asia Restaurant, Benitachell	2 <sup>nd</sup> Wednesday of the month 5:00-7:00 p.m. Doors open at 4:30
<i>Art Appreciation</i>	Brian Nicholls & Cedomir Panajotovic	A wide variety of art, artists and art movements will be visually presented	Salón de Actos, Espai La Senieta, Moraira	2 <sup>nd</sup> Monday of the month at 10:30 a.m.
<i>Aromatherapy Workshop</i>	Valerie Mills	A brief history and demonstration	Moraira	Once a month 3:00-5:00 p.m.
<i>Backgammon</i>	Barry Jacobs	For all levels	Bar/Restaurant, Sol Park, Moraira	Wednesdays 3:00 – 5:00 p.m.
<i>Badminton</i>	Rose Avila	For all levels	Benissa Sports Hall Palau Sant Pere	Wednesdays 2:00-4:00 p.m.
<i>Bowls</i>	Don Roberts	Green Bowls	The Inn on the Green, Javea	Weekly Monday and Wednesday p.m.
<i>Bridge, Social</i>	Sybille Ross	Friendly Bridge. No partner needed. We play Acol.	Bar of Restaurant, Los Leones, Moraira	Weekly Friday 2:30-5:00 p.m.
<i>Canasta</i>	Sandy Bianco	An uncomplicated card game	Moraira	Fortnightly Mondays 2:00-4:00 p.m.
<i>Chess</i>	Ed Morley	Social Chess	Espai La Senieta, Upstairs – last room on the left	Weekly Thursday 10:30 a.m.-12:30 p.m.
<i>Classical Music Appreciation</i>	Geoffrey Shean	Appreciation of Classical Music	Moraira Yacht Club	Last Monday of the month 10:30 a.m.
<i>Computing – Beginners</i>	Peter Romain	Practical help with computing	Benitachell	Weekly – Tuesdays 2 classes 10:00 a.m. & 1:00 p.m.
<i>Computing - Intermediate</i>	Peter Romain	Practical help and training with computing	Benitachell	2 <sup>nd</sup> , 3 <sup>rd</sup> and 4 <sup>th</sup> Mondays of the month a.m.
<i>Craft</i>	Elizabeth Wilson	General Craft Group	Moraira	Fortnightly Thursdays 3:00 p.m.
<i>Creative Photography</i>	Don Roberts	Composition, editing, printing, mounting and framing	Benitachell	<b>On Hold until September 2013</b>
<i>Creative Writing</i>	Rosemary Sheppard	Members bring their writings for criticism and help	Moraira	Alternate Mondays at 3:00 p.m.

<i>Cribbage</i>	Colin Turner		Bar Med Teulada	Wednesday 7:00-10:30 p.m.
<i>Darts</i>	Len Beisser	A fun social evening playing darts or pool	The Sports Bar near the Gemesant restaurant Moraira	Fridays 7:30 p.m.
<i>Debating</i>	Geoffrey Shean	The object of the group will be to meet once a month and debate a subject chosen the previous month	Moraira area	2nd Wednesday of every month 3:00 p.m.
<i>Dining Out</i>	David and Eileen Haxon	The group will enable members to sample different cuisines and restaurants in the area	Moraira/Teulada area	Twice a month Tuesday evening
<i>Dining Out - Singles</i>	Norman Peterken	Dining out for singles		Twice a month Saturday evening
<i>Dining Out - Sunday Lunch Solo Group</i>	Audrey Germann	Dining out for singles	Local area	Twice a month 1:00 for 1:30 p.m.
<i>Drama Group</i>	Anne Cattle		Salón de Actos, Espai La Senieta, Moraira	1 <sup>st</sup> and 3 <sup>rd</sup> Tuesdays of the month 11:00 a.m.-1:30 p.m. followed by lunch (if you wish)
<i>E-book Readers Group</i>	Peter Romain	To explore features and share ebooks	Benitachell	On demand Normally just 2 sessions
<i>Exercise Class Coordinator</i>	Sue Hopwood	Fitness & Toning	Gimnas Ximo, Calle Calpe 50, Teulada	Every Wednesday 10:30 – 11:30 a.m.
<i>Film Group</i>	Philip Chaney	English Language films	Salón de Actos, Espai La Senieta, Moraira	2nd Monday of the month 6:15 p.m. for 6:30 p.m.
<i>Five a Side Football</i>	Colin Brady	Fun Five a Side Football	Sol Park Tennis Club	Every Tuesday 7:00 p.m – 9:00 p.m.
<i>Flower Arranging</i>	Tina Wallis	Practical flower arranging	Bar area of Los Leones, Sol Park, Moraira	Every other Tuesday 2:00 p.m.-4:00 p.m.
<i>Fishing</i>	Graham Foot	Freshwater fishing expeditions	Regional	Every other Thursday
<i>Friends of Avinença</i>	Paul and Pat Pruden	To gain entry to many aspects of local history and activities that otherwise would be difficult to access	Various	To be announced



<i>Golden Oldies Musicians Group</i>	John Hopwood	A mixed music group for anyone who would like to play any type of music	Tropicana Bar, Calle Viejo del Portet, Moraira	Every Tuesday 11:00 a.m.
<i>Golf</i>	Geoff and Rona Hurst	A golf group of experienced players for Texas Scramble	Benidorm	2 <sup>nd</sup> Monday of each month
<i>Golf</i>	Robin Woods	A golf group of experienced players for Stableford	Various	3 <sup>rd</sup> Monday of each month
<i>Healthy Walking</i>	Robert Verbruggen & Noelene Cummins	One hour walks	Various	One week Tuesday, one week Thursday 10:00 a.m.
<i>History</i>	Cedomir Panajotovic and Brian Nicholls	A wide range of lectures	Salón de Actos, Espai La Senieta	Last Monday in the month at 10:30 a.m.
<i>Jigsaw Puzzles</i>	Les Coughtrey	Puzzle Exchange	Moraira	Once a month
<i>Knit, stitch and Natter</i>	Maureen Burrows	Knit, stitch and sew items for local charities		Fortnightly Alternate Tuesdays 2:30-4:30 p.m.
<i>Mah-Jong</i>	David Goodall and Pam Millburn	The basics are easily learnt in the first session	Restaurante Shanghai on the Moraira to Calpe road on the left just past Mas-y-Mas	Weekly Thursday 2:00-4:00 p.m.
<i>Mosaics</i>	Meri Snell	Learn the basics of this decorative art	Moraira	Every other Tuesday p.m.
<i>Padel Tennis</i>	Michael Cain		Teulada	Mondays at 11:00 a.m. and Thursdays at 2:30 p.m.
<i>Painting</i>	Stella Maarsman	Oils, pastels and watercolour	Moraira area	Wednesdays 10:00-12:00 noon
<i>Patchwork</i>	Yvonne Romain		Benitachell	Mondays 2:00-5:00 p.m.
<i>Petanque 1</i>	Peter Pulford		Purpose built rinks at Cumbre del Sol	Weekly Wednesday a.m.
<i>Petanque 2</i>	Pamela Powell		Purpose built rinks at Cumbre del Sol	Weekly Thursday a.m.
<i>Petanque 3</i>	Douglas Evans		Brevis Bar, Sol Park	Weekly Thursday 10:00 a.m.
<i>Petanque 4</i>	John Manley		Brevis Bar, Sol Park	Weekly Thursday p.m.
<i>Petanque 5</i>	John Manley		Brevis Bar, Sol Park	Weekly Saturday a.m.

<i>Photography</i>	Trevor Kemp	We decide what topic we will work on and we will not compete for 'best picture'. Instead, we will try to improve our own skills and have fun together	Various	Changeable monthly
<i>Quiz Group</i>	Helen and Les Coughtrey	Fun Quiz	Los Leones, Sol Park, Moraira	Twice a month Thursday 4:00 p.m.
<i>Reading Group</i>	Gaby Mauger	To explore all types of literature, to read those books you might not normally choose	Moraira area. Contact Leader for details	Monthly Friday p.m.
<i>Rummikub</i>	Angela Pulford	Rummikub is a game for 2-4 players. Each week players on each table will be drawn randomly	Café Costamar below Pepe la Sal in Barclays Bank shopping parade, Moraira	Weekly Wednesday 3:00-5:00 p.m.
<i>Sailing Group</i>	Richard Jones	To meet up and discuss sailing with the possibility of arranging lessons and sailing	Espai La Senieta, Moraira	Monthly Tuesday 4:00 p.m. plus sailing days
<i>Scrabble</i>	Diana Price	Have fun playing this popular game	Moraira	Weekly Monday p.m.
<i>Spanish Groups Coordinator</i>	Linda West	To join various groups	Moraira/Teulada	See Schedule for 2012/2013.
<i>Spanish Conversation – Beginners</i>	Pauline McGough	No books, no grammar, just talk	Bar Med, Teulada	Wednesday and Friday mornings
<i>Spanish Conversation – Intermediate</i>	Sheila Shipsides	Coffee morning with a difference	Bar El Andaluz, Ceramics Corner, Moraira	Weekly Saturday 11:00 a.m.-12:30 p.m.
<i>Table Tennis</i>	Janet Dane	All levels	Los Leones, Sol Park	Weekly Thursday 3:00-5:00 p.m.
<i>Ten Pin Bowling</i>	John Rhodes	6 players on each lane 2 games	Ozone Bowling Alley, Moraira	1 <sup>st</sup> and 2 <sup>nd</sup> Tuesday of each month 7:15 for 7:30 p.m. Please pre-book with Group Leader
<i>Yoga</i>	Stella Maarsman	Hatha Yoga	Moraira area	Thursdays 10:00 a.m.

## CALENDAR OF GROUPS

DAY	A.M.	P.M.
<b>MONDAY</b>	<i>Art Appreciation</i> <i>Classical Music</i> <i>Computing – Intermediate</i> <i>History</i> <i>Golf</i> <i>Padel Tennis</i>	<i>Bowls</i> <i>Canasta</i> <i>Creative Writing</i> <i>Film group</i> <i>Patchwork</i> <i>Scrabble</i>
<b>TUESDAY</b>	<i>Computing - Beginners</i> <i>Drama group</i> <i>Golden Oldies Musicians Group</i> <i>Healthy Walking</i>	<i>Computing - Beginners</i> <i>Creative Photography</i> <i>Dining out (evening)</i> <i>Five-a-Side Football (evening)</i> <i>Flower Arranging</i> <i>Knit, Stitch and Natter</i> <i>Mosaics</i> <i>Sailing group</i> <i>Ten Pin Bowling (evening)</i>
<b>WEDNESDAY</b>	<i>Exercise Class</i> <i>Painting</i> <i>Petanque</i> <i>Spanish Conversation for</i> <i>Beginners/Pre-Intermediate</i>	<i>Alternative Wine Appreciation</i> <i>Backgammon</i> <i>Badminton</i> <i>Bowls</i> <i>Cribbage (evening)</i> <i>Debating</i> <i>Rummikub</i>
<b>THURSDAY</b>	<i>Chess group</i> <i>Freshwater Fishing</i> <i>Healthy Walking</i> <i>Petanque 2</i> <i>Petanque 3</i> <i>Yoga</i>	<i>Craft</i> <i>Mah-Jong</i> <i>Padel Tennis</i> <i>Petanque 4</i> <i>Quiz group</i> <i>Table Tennis</i>
<b>FRIDAY</b>	<i>Spanish Conversation for</i> <i>Beginners</i>	<i>Bridge</i> <i>Darts (evening)</i> <i>Reading group</i>
<b>SATURDAY</b>	<i>Petanque 5</i> <i>Spanish Conversation</i> <i>– Intermediate/Advanced</i>	<i>Dining Out- Singles (evening)</i>
<b>SUNDAY</b>		<i>Dining Out - Sunday Lunch Solo group</i>
<b>VARIOUS</b>	<i>Friends of Avinença, Jigsaw Puzzles, Photographic group, E-book Readers</i>	
<b>TO BE ANNOUNCED</b>	<i>The Cocina Club, Grumpy Old Men, Loose Women, Motorcycling, Scale Down Group, Pilates/Zumba</i>	

## ***CIRCULATION OF NEWSLETTERS***

*You can read and/or print off copies of the U3A Teulada/Moraira newsletters. The small file version is intended for members who have dial-up modems and long download times. This version contains basically just the text content of the newsletters. The other version is for members with a broadband internet connection. It contains photographs, illustrations etc. that make the Newsletter more attractive to read.*

*Contributors - please note that all items that you wish to be included in the newsletter must be with the Editor by the middle of the third week of each month. Photos are welcome.*

*This newsletter is posted on the U3A website and, to protect privacy, no email addresses or telephone numbers are shown without the owner's specific permission. Go to the website for emailing instructions.*

## ***DISCOUNTS***

In order to reduce the size of the Newsletter, the details of U3A discounts are now only included in the copies which are printed for non computer owners. For computer owners details of discounts are given on the website [www.u3amoraira-teulada.org](http://www.u3amoraira-teulada.org)